



THE SILVER SPRINGS SPIRIT

Silver Springs Community Association Official Newsletter

 5720 Silver Ridge Drive NW, Calgary AB T3B 5E5

 administration@silverspringscommunity.ca

 silverspringscommunity.ca

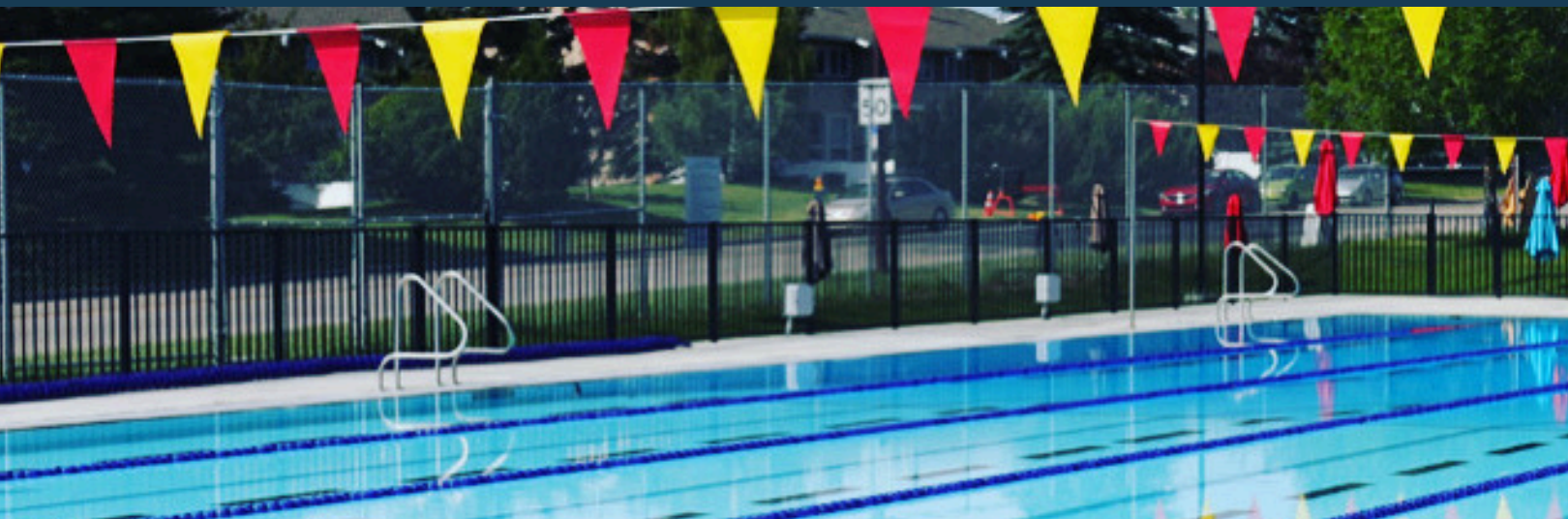
 403-288-2616

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Office Hours
Monday to Friday
8:30am to 3:30pm



Pool Opens: June 10 2024

Last Day of the Season: September 2 2024

Updates for Summer 2024

 Private Pool Rentals, Swim Lessons and Private Swim Lessons - all registrations and reservations will be **online** only. Reservations cannot be taken by phone or in person.

 You can book all of your children in a swimming lesson in one transaction! Our new registration system allows you to purchase multiple swim lessons at the same time. Once a lesson is in your shopping cart, your selection will be held for 15 minutes.

 COSPA has a new cancellation policy for swim lessons. To ensure more equitable access to swim lessons, lessons must be paid for at the time of registration. Swim lessons are not refundable or transferable.

 Private pool rental reservations will be limited to one rental per family. Rentals are are not refundable or transferable.

 \$6 flat rate pricing for pool admission provides a 90-minute swim time for ages 2 and up. Children under 2 may enter at no cost.

**MAY 1 - JELLYBEAN DANCE
TICKETS GO ON SALE 9 AM
(DANCE-MAY 24 6:30-8:30 PM)**

**MAY 4 - BOW WEST ART SHOW
10:00 AM TO 3:00 PM**

**MAY 6 - ONLINE PRIVATE POOL
RENTALS OPEN AT 9 AM**

**MAY 11 - CLEAN THE COMMUNITY
10:00 AM - 12:00 PM**

**MAY 14 - ONLINE SWIM LESSON
REGISTRATION OPENS AT 9 AM**

**MAY 25 - PARADE OF GARAGE
SALES 9:00 AM TO 3:00 PM**

**MAY 27 - ONLINE DEEP WATER
WORKOUT & SHARKS SWIM CLUB
REGISTRATION OPENS AT 9 AM**

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SSCA Vision
To maintain a beautiful and vibrant community by supporting the evolving needs of our residents through communication, leadership and engagement.



SSCA Mission
To enhance quality of life by fostering community spirit, participation and engagement.

Board of Directors

President	patrick@silverspringscommunity.ca
Vice President	jeremie@silverspringscommunity.ca
Treasurer	lynda@silverspringscommunity.ca
Secretary	karenk@silverspringscommunity.ca
Community Safety	jon@silverspringscommunity.ca
Botanical Gardens	june@silverspringscommunity.ca
Seniors' Resources & Engagement	karenk@silverspringscommunity.ca
Edible Garden Group	kay@silverspringscommunity.ca
Membership Development	karenb@silverspringscommunity.ca
Community Development	darren@silverspringscommunity.ca
Director-at-Large	marny@silverspringscommunity.ca
Policies & Procedures	lily@silverspringscommunity.ca
Events & Communications	erika@silverspringscommunity.ca
Youth Engagement	monique@silverspringscommunity.ca
Director-at-Large	margaret@silverspringscommunity.ca

SILVER SPRINGS OUTDOOR POOL

Swimming Lesson Schedule

Time:	Lesson			
9:00	Swimmer 5/6 (9:00 - 9:45)	Swimmer 5 (9:00 - 9:45)	Swimmer 3 (9:00 - 9:45)	Rookie, Ranger, Star (9:00 - 10:15)
9:30				
10:00				
10:30	Swimmer 4 (9:45 -10:30)	Swimmer 3/4 (9:45 -10:30)	Swimmer 6 (9:45 -10:30)	TBA
10:30	Private Lesson (10:30-11:00)	Private Lesson (10:30-11:00)	Private Lesson (10:30-11:00)	
11:00	Preschool 5 (11:00-11:30)	TBA	TBA	Swimmer 2 (11:00-11:30)
11:30	Preschool 3/4 (11:30-12:00)	Swimmer 1 (11:30-12:00)	Swimmer 1/2 (11:30-12:00)	Preschool 1/2 (11:30-12:00)
	Private Lesson (11:30-12:00)	Private Lesson (11:30-12:00)	Private Lesson (11:30-12:00)	Private Lesson (11:30-12:00)

Swim Lesson Prices		
Preschool Levels	30 minute class	\$55
Swimmer 1 - 2	30 minute class	\$55
Swimmer 3 - 6	45 minute class	\$65
Rookie Ranger Star Patrol	75 minute class	\$75
Private Swim Lesson	Private: \$160 (5 days)	Semi Private: \$240 (5 days)
Bronze Star Bronze Cross Bronze Medallion	Bronze Star \$150 Bronze Cross \$220 Bronze Medallion \$220 August 24, 25, 26, 27, 28 9:30 - 12pm	
TBA	We have TBA slots reserved in our swim lesson schedule to add extra sessions of a swim lesson that has sold out.	

Silver Springs Outdoor Pool is pleased to be offering Life Saving Society lessons this summer season! Our instructors are fully qualified and pride themselves on providing a safe and fun lesson environment. We offer 8 weeks of lessons and every lesson is 5 days long. Come enjoy swimming with us!

- Week 1 | July 1st – July 5th
- Week 2 | July 8th – July 12th
- Week 3 | July 15th – July 19th
- Week 4 | July 22nd – July 26th
- Week 5 | July 29th – August 2nd
- Week 6 | August 5th – August 9th
- Week 7 | August 12th – August 16th
- Week 8 | August 19th – August 23rd

COSPA has a new cancellation policy for swim lessons. To ensure more equitable access to swim lessons, lessons must be paid for at the time of registration. Swim lessons are not refundable or transferable.. To confirm your child’s last swimming level, please visit <https://swimgen.net/search/ssop>

Swimming Lesson Registration Starts
May 14 2024 at 9:00am

Set up your account early! Visit:
<https://www.calgaryoutdoorpools.ca/account-creation-process>
For more information: Email: pool@silverspringscommunity.ca

Swimming Lesson Level Description

Lifesaving Society Swim for Life- Preschool 1:

Preschoolers will learn to enter and exit shallow water safely, put their faces in the water and blow bubbles. Becoming comfortable with floats and back glides, they will move safely in shallow water and wear lifejackets. Recommended ages: 3-5 years.

Lifesaving Society Swim for Life- Preschool 2:

Preschoolers will jump into chest deep water, learn to submerge and exhale underwater. They will be introduced to rollovers, front and back glides. They will also practice flutter kicks wearing a lifejacket or other buoyant aid. Swim for Life - Preschool 1 is a prerequisite. Recommended age: 3-5 years.

Lifesaving Society Swim for Life- Preschool 3:

Preschoolers will perform various entries into deep water wearing a lifejacket. They will retrieve objects from the bottom in waist deep water and master independent front and back floats, lateral rollovers, front and back glides and front and back flutter kicks. Swim for Life - Preschool 2 is a prerequisite. Recommended age: 3-5 years.

Lifesaving Society Swim for Life- Preschool 4:

Preschoolers will learn to swim independently while mastering front crawls swims of 5m and be introduced to side glides and the side flutter kick. They'll face new challenges like opening their eyes underwater, rollovers onto the back and treading water using the sculling action. Swim for Life - Preschool 3 is a prerequisite. Recommended age: 3-5 years.

Lifesaving Society Swim for Life- Preschool 5:

Preschoolers will support themselves in deep water for 10 seconds using the sculling action. Wearing a lifejacket, they'll practice forward roll entries into deep water, whip kicks, back crawl and interval training. Graduates can start Swimmer 2 at 6 years of age. Swim for Life - Preschool 4 is a prerequisite. Recommended age: 3-5 years.

Lifesaving Society Swim for Life-Swimmer 1:

This is the foundation for swimming skill development. Swimmers learn safe entries into various depths of water, treading water, breath control, opening eyes under the water, front and back floats, lateral rollovers, front, back and side glides, flutter kick on front and back, and front crawl. Recommended ages: 6-17 years.

Lifesaving Society Swim for Life-Swimmer 2:

Swimmers will learn different entries into deep water wearing a lifejacket and interval training will be introduced at this level. Other swimming skills include flutter kick; back and side, whip kick, distance swims, front and back crawl. Prerequisite: Swim for Life - Swimmer 1 or Preschool 5. Recommended ages: 6-17 years.

Lifesaving Society Swim for Life-Swimmer 3:

Swimmers will practice kneeling dives, forward rolls into deep water, handstands and front somersaults in water. They'll also work on front crawl, back crawl, whip kick on their back, and interval training. Swim for Life - Swimmer 2 is a prerequisite. Recommended Ages: 6-17 years.

Lifesaving Society Swim for Life-Swimmer 4:

New skills include standing dives into deep water, underwater swims of 5m include, whip kicks on front and breaststroke arm drills. The Swim to Survive standards will be included: roll entry into deep water, treading water for one minute, swimming 50m - skills to survive a fall into deep water. Swim for Life - Swimmer 3 is a prerequisite. Recommended Ages: 6-17 years.

Lifesaving Society Swim for Life-Swimmer 5:

Shallow dives and tuck jumps (cannonball) are the new entries introduced at this level. Swimmers will master back somersaults in the water, stationary eggbeater kick, head up front crawl and breaststroke. Interval training and sprints for front and back crawl are the fitness components. Swim for Life - Swimmer 4 is a prerequisite. Recommended Ages: 6-17 years.

Swimming Lesson Level Description

Lifesaving Society Swim for Life-Swimmer 6:

Swimmers learn deep water stride entry and compact jumps. They'll tread water with legs only, use lifesaving eggbeater and scissor kicks, accomplish a 300m workout with front crawl, back crawl and/or breaststroke. Graduates are prepared for the Canadian Swim Patrol awards. Swim for Life - Swimmer 5 is a prerequisite. Recommended Ages: 6-17 years.

Lifesaving Society- Rookie Patrol

Develops individual fitness levels to meet a timed 100m swim and 350m workout. Water proficiency skills include: swims with clothes, ready position, foot-first and head-first surface dives. Demonstrating an ability to conduct a primary assessment and initiating EMS are included as first aid skills. Victim recognition and throwing assists are other key elements of the program.

Lifesaving Society- Ranger Patrol

Enhances capability in the water, including stride entry, underwater forward and backward somersaults, lifesaving eggbeater kick and increased fitness levels to meet a 200m timed swim. Rescue skills involve an increased skill level in first aid basics, victim recognition and non-contact rescues. Successful completion of Rookie Patrol is a pre-requisite.

Lifesaving Society- Star Patrol

An excellent preparation for the Bronze Star award, Star Patrol demands good physical conditioning and lifesaving judgment. Participants develop lifesaving and first aid skills; further refine front crawl, back crawl and breaststroke (100m each); and complete 600m workouts and for 300m timed swims. Successful completion of Ranger Patrol is a pre-requisite.

Lifesaving Society Bronze Star:

The Lifesaving Society's Bronze Star develops swimming proficiency, lifesaving skill, and personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Recommended ages: 12+ years.

Lifesaving Society Bronze Medallion:

This 16-hour course challenges the candidate both mentally and physically. Judgement, knowledge, skill, and fitness – the four components of water rescue. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Candidates will also be taught CPR for adults, children and infants as well as AED usage. A CPR-C certification will also be awarded prior to successful completion. Bronze Medallion is a pre-requisite for assistant lifeguard training in Bronze Cross. 100% attendance is required. Pre-requisite(s): 13 years of age (or Bronze Star) and CPR-C (CPR-C is offered within the course and does not have to be done prior.)

Lifesaving Society Bronze Cross:

The 20-hour Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as an assistant lifeguard. Candidates strengthen and expand their lifesaving skills and apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasized the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a pre-requisite for advanced training in the Society's National Lifeguard and leadership certification programs. 100% attendance is mandatory. Pre-requisite(s): 13 years of age, Bronze Medallion & Standard First Aid CPR-C & AED.

SILVER SPRINGS OUTDOOR POOL

5720 Silver Ridge Drive NW - June Schedule | pool@silverspringscommunity.ca

Time:	Mon June 10	Tues June 11	Wed June 12	Thurs June 13	Friday June 14	Sat June 15	Sun June 16
8:00							
9:00	CBE SWIMMING LESSONS 9:00 - 12:00pm					Private Rental	Private Rental
10:00							
11:00						LANE SWIM 12:00 - 12:55pm	
12:00							
1:00	CBE SWIMMING LESSONS 1:00 - 2:45pm				PUBLIC SWIM 1:00 - 3:15pm 3:30 - 6:00pm	PUBLIC SWIM 12:30 - 2:00pm 2:10 - 3:40pm 3:50 - 5:20pm 5:30 - 7:00pm	PUBLIC SWIM 1-2:30pm 2:45-4:15pm 4:30-6:00pm
2:00							
3:00	PUBLIC SWIM 3:00 - 5:00pm						
4:00							
5:00							

Time:	Mon June 17	Tues June 18	Wed June 19	Thurs June 20	Friday June 21	Sat June 22	Sun June 23
8:00	LANE SWIM 8:00 - 9:00am	LANE SWIM 8:00 - 9:00am	LANE SWIM 8:00 - 9:00am	LANE SWIM 7:45 - 8:45am	LANE SWIM 8:00 - 9:00am		
9:00	CBE SWIMMING LESSONS 9:00 - 12:00pm						
10:00						Private Rental	Private Rental
11:00						LANE SWIM 11:30 - 12:25pm	
12:00	LANE SWIM 12:00 - 12:55pm						LANE SWIM 12 - 12:55pm
1:00	CBE SWIMMING LESSONS 1:00 - 2:45pm				PUBLIC SWIM	PUBLIC SWIM	PUBLIC SWIM
2:00							
3:00	PUBLIC SWIM 3:00 - 4:30pm 4:30 - 6:00pm				PUBLIC SWIM	PUBLIC SWIM	PUBLIC SWIM
4:00							
5:00							

Prices By Age	
Under 2:	FREE!
2 to 7:	\$6.00
8 to 17:	\$6.00
18 to 64:	\$6.00
65+:	\$6.00

All public swim times must be booked in advance at: calgaryoutdoorpools.ca. You may purchase tickets up to 3 days in advance starting at 7am.

No refunds unless Silver Springs Pool is shut down due to extreme weather conditions. Swim tickets are non transferable.

Silver Springs Outdoor Pool has a concession offering a selection of cold beverages, candy, chips, chocolate bars and frozen treats.

SILVER SPRINGS OUTDOOR POOL

5720 Silver Ridge Drive NW - June Schedule | pool@silverspringscommunity.ca

Time:	Mon June 24	Tues June 25	Wed June 26	Thurs June 27	Friday June 28	Sat June 29	Sun June 30
8:00	LANE SWIM 8:00 - 9:00am	LANE SWIM 8:00 - 9:00am	LANE SWIM 8:00 - 9:00am	LANE SWIM 8:00 - 9:00am	LANE SWIM 8:00 - 9:00am		
9:00	PRESCHOOL SWIMMING LESSONS 9:00 - 11:30pm DEEP WATER WORKOUT 10:00 - 11:00am PRIVATE SWIM LESSON 9:00 - 10:00am 11:00-12:00pm					Private Rental	Private Rental
10:00						LANE SWIM 11:30 - 12:25pm	
11:00							LANE SWIM 12 - 12:55pm
12:00	LANE SWIM 12:00 - 12:55pm					PUBLIC SWIM 12:30 - 2:00pm 2:10 - 3:40pm 3:50 - 5:20pm 5:30 - 7:00pm	
1:00	PUBLIC SWIM 1:00 - 3:15pm 3:30 - 6:00pm						
2:00							
3:00							
4:00							
5:00							

Prices By Age	
Under 2:	FREE!
2 to 7:	\$6.00
8 to 17:	\$6.00
18 to 64:	\$6.00
65+:	\$6.00

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Key Registration Dates

Swimming Lesson Registration Private Swim Lesson Registration
May 14 2024 at 9:00am May 14 2024 at 9:00am

Private Pool Rental Registration Sharks Swim Club Registration
May 6 2024 at 9:00am May 27 2024 at 9:00am

Deep Water Workout Registration
May 27 2024 at 9:00am

SILVER SPRINGS OUTDOOR POOL

5720 Silver Ridge Drive NW - July and August | pool@silverspringscommunity.ca

Time:	Mon	Tues	Wed	Thurs	Friday	Sat	Sun
8:00	LANE SWIM 8:00 - 9:00am			LANE SWIM 7:45 - 8:45am	LANE SWIM 8:00 - 9:00am	LANE SWIM 7:45 - 8:45am	LANE SWIM 8:15 - 9:15am
9:00	SWIMMING LESSONS 9:00 - 12:00pm					Private Rental	Private Rental
10:00						LANE SWIM 11:30 - 12:25pm	
11:00							
12:00	LANE SWIM 12:00 - 12:55pm					PUBLIC SWIM: 12:30 - 2:00pm 2:10 - 3:40pm 3:50 - 5:20pm 5:30 - 7:00pm	PUBLIC SWIM 1-2:30pm 2:45-4:15pm 4:30-6:00pm
1:00	PUBLIC SWIM TIME SLOTS: 1-2:30pm 2:45-4:15pm 4:30-6:00pm						
2:00							
3:00							
4:00							
5:00							
6:00	Private Rental	Sharks Swim Club 6:15 - 7:15pm	Private Rental	Sharks Swim Club 6:15 - 7:15pm	Private Rental	Private Rental	Private Rental
7:00	Deep Water Workout 7:30 - 8:30pm	Private Rental	Deep Water Workout 7:30 - 8:30pm	Private Rental			
8:00							

Prices By Age	
Under 2:	FREE!
2 to 7:	\$6.00
8 to 17:	\$6.00
18 to 64:	\$6.00
65+:	\$6.00

All public swim times must be booked in advance at: calgaryoutdoorpools.ca. You may purchase tickets for a public swim time slot starting at 7:00am, up to 3 days in advance.

No refunds unless Silver Springs Pool is shut down due to extreme weather conditions. Public swim tickets are non transferable.

Silver Springs Outdoor Pool has a concession offering a selection of cold beverages, candy, chips, chocolate bars and frozen treats.

For more information: Email: pool@silverspringscommunity.ca

Programs



Deep Water Workout

A water fitness class incorporating the buoyancy and resistance of water to challenge your cardiovascular system and muscle groups. The exercises are done while wearing a flotation belt in deep water. Registration opens May 27th at 9am, online only.

June Session:
June 24 - June 28 2024 10:00 - 11:00am
\$50 for 5 classes

July Session:
July 1 - July 31 2024
Monday and Wednesday 7:30 - 8:30pm
\$100 for 10 classes

August Session:
August 5 - August 28 2024
Monday and Wednesday 7:30 - 8:30pm
\$80 for 8 classes

Private Pool Rentals and Private Swim Lessons

Private Swim Lesson

Private swim lessons are 1 on 1 lessons with a swim instructor. Swimmers' can work through the Lifesaving society's swim levels or focus on specific skills. Lessons can be adapted to the requests of the swimmers or parents/guardians. Recommended ages: 3+ years.

Private: \$160 (5 days)
Semi Private: \$240 (5 days)
Booking Starts: May 14 2024 9am online only.

Private Pool Booking

Pool rentals are available on:
Friday: 6:15-7:15pm / 7:30-8:30pm
Saturday: 10:15-11:15am / 7:15-8:15pm
Sunday: 9:30-10:30am / 10:45-11:45am / 6:15-7:15 pm / 7:30-8:30 pm

We also have rentals available on weeknights (varies by each week) from 6:15-7:15pm.

The cost is \$175.00/hour for up to 40 people. An additional \$50 will be charged for 41-80 people. Booking Starts: May 6th 2024 9am online only. We will not be taking bookings by phone or in person. Private rentals will be restricted to one per family. Rentals are are not refundable or transferable.



Private Pool Rental Registration May 6 2024 at 9:00am	Private Swim Lesson Registration May 14 2024 at 9:00am
Deep Water Workout Registration May 27 2024 at 9:00am	Sharks Swim Club Registration May 27 2024 at 9:00am

Sharks Swim Club

Do you enjoy getting together with other youths at the Silver Springs Outdoor Pool? We are looking for enthusiastic youth swimmers that want to improve strokes and stay fit at the same time. We will provide the lanes and the coach! This is a recreational swim group and lane swimming will be the primary activity. Please note that children must be at least age 8 and have completed Swimmer 4 or equivalent. No refunds once the session has started. Registration opens on May 27th at 9am - online only.

Junior Sharks
Age group: 8-10 years old
Tuesday 6:15 to 7:15pm
July 2nd to August 20th
Cost: \$95.00



Senior Sharks
Age group: 11-16 years old
Thursday 6:15 to 7:15pm
July 4th to August 22nd
Cost: \$95.00

PROGRAMS & EVENTS

BowWest Artists 27th Annual Show & Sale Saturday May 4th 10:00am - 3:00pm

Join us at the Silver Springs Community Center on May 4th from 10:00 am to 3:00pm. Discover a world of artistic creativity at the Bow West Art Show. This exciting event showcases a diverse range of artwork and art cards for art lovers of all tastes. With free admission and door prizes, it's the perfect opportunity to immerse yourself in the world of art.

Clean the Community Annual Litter Clean Up Event Saturday May 11th 10am - 12pm

Help make the parks and green spaces we love, litter free! Spend time with your friends, family, and neighbours. Pizza and refreshments will be provided after the event. All Ages. Children will receive a certificate and stickers. Sign up early to get have first choice of area. Additional details and sign up options [here](#)!



Presentation: Nutrition & Healthy Aging Monday May 13th 1:00 - 2:00pm

Presented by Monica Storey and Sheila Tyminski. No charge. Please register [here](#).

Edible Garden Speaker Series Wednesday May 15th 7:30 - 8:30pm

DIY Garden Box Watering System. Presented by Carol Patterson. Cost is \$15 per person. Please register [here](#).

Staying Tuned In: Hearing Health & Wellness Monday May 27th 10:30 - 11:30pm

Join us for a presentation on all things hearing! Presented by Dr. Erin Davis. No charge. Please register [here](#).

Jelly Bean Dance May 24 | 6:30-8:30pm



Jellybean dances are dances for grade 4, 5 and 6 students involving a DJ, light show, games and door prizes. We offer a cash only concession at the dances. Dance tickets are available online starting May 1st 2024 at 9am. Tickets are \$8 each.

Parade of Garage Sales by Team Leesman Saturday May 25th 9:00 AM - 3:00 PM

Mark your calendars and skip the hassle of selling online! We are pleased to have Team Leesman sponsoring the SSCA Parade of Garage Sales again this year. Registration is open! Register early to ensure you are on the list and map. Maps will be available online on our website, Team Leesman's website <https://tlcagents.ca/parade-of-garage-sales/>

The morning of the garage sale, directional signs will be placed around the community and a map marked with all the addresses.

**Silver Springs
Community Association**

TLC SPONSORED BY:
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TLCagents.ca Bamber Realty Ltd.

**PARADE OF
GARAGE
SALES**

**TRUNK
SALE**

Co-sponsored + hosted by:
Mormon Church
6560 Silver Springs Cres NW

MAY 25/2024

PRE REGISTER BY MAY 17
TLCagents.ca/parade-of-garage-sales/

 **MORE INFO** 403.870.9916
TeamLeesmanCARES@c21.ca

Hello
SUMMER
+
SSCA's 50th Birthday

Hello Summer BBQ
June 22nd 12pm - 3pm
Celebrating 50 years of
the SSCA!



	Monday	Tuesday	Wednesday	Thursday
9:15-10:15am	Strength and Core*	Proactive Adult*	Proactive Adult*	Proactive Adult*
10:30-11:30am			Fusion Fitness	
11-12pm		Seniors Yoga		
1-2pm				Improver Line Dance
2-3pm				High Beginner Line Dance
3-4pm				Beginner Line Dance

*Proactive Adult, Strength and Core are drop in only. All other classes are registered. If the class has already started please contact our office to receive a prorated registration fee.

Price List

Proactive Adult / Strength & Core: \$7. Punch card available

Registered Classes:

Seniors Yoga: April 23 to June 18 / 9 classes / \$90

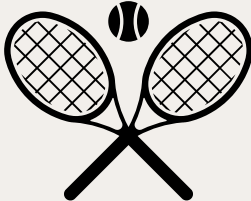
Line Dance: April 11 to June 20 / 11 classes / \$110

Fusion Fitness: May 8 to June 19 / 7 classes / \$70

**All of our registered classes have a drop in fee of \$12*

ALL OF OUR
FITNESS CLASSES
ARE SCENT FREE





SSCA Summer
Tennis Lessons

Youth Group Tennis Lesson – Monday
& Wednesday Evenings

8-10 years (6-7pm)
11-14 years (7-8pm)
15 - Adult (8-9pm)

Session 1 – July 8,10,15,17 2024

Registration opens May 8th online

\$100 non members/ \$85 members



SPRING FITNESS CLASSES



Proactive Adult: An active class for those who want to keep moving with choreographed cardio patterns followed by free weights and mat work. Designed to promote muscle awareness and improve muscle tone. Balance exercises are a must. The choreography is alternated with interval workouts to keep the routine fresh every week! Instructor: Judi

Fusion Fitness: A blended class that incorporates posture and exercises from Yoga, Pilates and strength training. This mat-based course provides participants with all the best aspects of yoga, pilates and strength training for an exceptionally well-rounded class that challenges even the most expert yogi and pilates guru. This low impact class improves participants' strength, flexibility and balance. Participants are encouraged to bring their own yoga mat. Instructor: Judi

Strength and Core: This class focuses on building strength in both the upper and lower body. Working with different counts as we lift weights. There will be a cardio interval (no choreography), followed by core work on the floor and stretches. Open to all levels. You choose the weight you want to use. Instructor Judi

Seniors Yoga – Classes will focus on gentle stretching, breathing exercises and meditation. It does not matter how flexible we are as long as we keep moving and do what we can. Instructor: Marcy

Improver Line Dance – This class is suitable for our more advanced dancers. We will add to the basic step patterns and choreography will include a variety of tempos and rhythms. At this level the dance routines will have several turns and will often have restarts and tags. The choreography is typically 32-64 and involve several turns.

High Beginner/Beginner Plus Line Dance This beginner plus class is for those people who have taken the beginner class. There will be more turns and new step combinations to master. You are able to easily remember the basic dance steps and able to do most of the dances by memory.

Beginner Line Dance – There is no experience required for this class. Basic line dance steps and terminology will be taught. Wear supportive, comfortable shoes that have a smooth sole and comfortable clothing.

Dance Foundations - Spring Mini Session!
Spring session starts:
May 7/8/9 to June 18/19/20

Tuesday 4:30-5:15	Pre-dance (Ages 3-5)
Tuesday 5:30-6:00	Dance Variety (Ages 6+)
Wednesday 4:30-5:15	Cheer Dance (Ages 6+)
Wednesday 5:15-5:45	Pre-ballet (Ages 3-5)

30 min class: \$65 Members / \$75 nonMembers
45 min class: \$75 Members / \$85 nonMembers
Visit our website for full information.



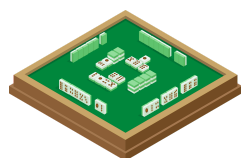
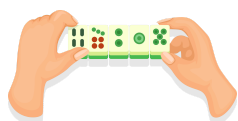
ACTIVITIES & GROUPS



Silver Springs Friendly Bridge Group Wednesdays at the SSCA

We are a group of mostly seniors who meet on Wednesday afternoons to play friendly Bridge. We are certainly not experts, nor a teaching group for learning the game. Participants are expected to have either played previously or have taken some beginner lessons. We encourage participants to follow the American Contract Bridge League standards, a system that is explained in Audrey Grant's bridge resources.

Cost: \$2.00 per person, per afternoon attended. A Silver Springs Community membership is required. Very affordable for seniors. This group is nearing capacity. Please call SSCA office at 403-288-2616 if you are interested in attending.



Mah Jong Group Thursdays at the SSCA

Mah Jong – Join us at the community center for this fun game every Thursday 1-4pm.

Cost: \$2.00 per person per afternoon attended. A Silver Springs Community membership is required. Please contact Anne for more information at: anndowli@telus.net

Scenic Bow Valley District Girl Guides

There are still Girl Guide Classic and Mint Cookies left-\$6 a box. If you would like some contact our District Commissioner Cheryl Barnes at: anycalgaryscenicbowvalley@girlguides.ca.

Leaders are needed, for more information about working with any level of Guiding, please email our District Commissioner Cheryl Barnes at: anycalgaryscenicbowvalley@girlguides.ca.

Thank You
Scenic Bow Valley District
Calgary Area Girl Guides.

**Outdoor Junior Rink Take Down.
Volunteer Work Crew Needed
May 22 2024, 6:00 - 8:00 PM**

**Please contact SSCA 403-288-2616 or
email
buildings@silverspringscommunity.ca**



COMMUNITY SAFETY





Calgary Police statistical reports

These reports provide statistics on person and property crimes, disorder, traffic, domestic conflict, drugs, weapons, and youth crime in Calgary.

Here you can find Monthly community crime and disorder statistics and you can sort by Community to see details for Silver Springs.

<https://www.calgary.ca/cps/statistics/calgary-police-statistical-reports.html>

Does your car have a keyless entry system? If so, it may be an easy target for car thieves. Find out how you can protect yourself.
<https://caaneo.ca/blog/automotive/how-to-prevent-keyless-car-theft/>

If you have a safety question or concern, please reach out to safety@silverspringscommunity.ca

Category	Frequency of Incidents in Silver Springs			
	January	February	March	2024 YTD *
Assault (Non-domestic)	2			
Commercial Robbery				
Street Robbery				
Violence 'Other' (Non-domestic)				
Break & Enter - Dwelling	1		1	1
Break & Enter - Commercial	2			
Break & Enter - Other Premises	1	1		
Theft OF Vehicle		1	1	1
Theft FROM Vehicle		1	1	1
Disorder	9	8	10	10

*Please note: Statistics are a few months behind the current date.

Classifieds - Support Local

Butterfly Dayhome:

Experienced, quality love and care in Silver Springs. Age-related activities. Group piano lessons. Snacks and hot meals. 403 288-3390. butterflydayhome@hotmail.com

Professional Caregiver for in-home Senior Care:

Personal care, doctor appointments, grocery shopping/errands, delicious home cooked meals, light housekeeping, laundry and entertaining! Call Eva: 403-813-5773.

Melissa Hoang - Barber/Hairstylist:

10 years experience. Will make your hair the most beautiful it can be! New location special: 19.99 men/women haircuts. Located at Hair Cru Salon, 29 Crowfoot Rise NW. For more information, please text 587-888-1388.

Spring Cleanup, Tree Pruning, Fence and Deck Repairs, Garden Box Building, Painting Indoors and Outdoors, Renovations.

Also lawn mowing, gardening, repositioning of old sidewalk blocks. Reasonable rates, reliable, quality workmanship, friendly service, immediate availability. Please call Mehryar at 403-923-6441 or Loree at 403-286-6308.

Cleaning Services: Experienced and reliable with an eye for detail. Quality cleaning materials and police information check provided. Please call or text: Nancy at 587-284-4398.

"Anna Liza's Dayhome" is fun, active, nurturing, loving, and a safe dayhome in Silver Springs. Lots of indoor and outdoor activities. Provides school drop off and pick up. For more information email me at mosang_18@yahoo.com or call/text me at 403-861-8727.

John with Proper Carpentry & Handyman Services:

I help homes & businesses with renovations, basement developments, windows & doors, finish carpentry & flooring, drywall & tiling, decks, fences & general maintenance. Fully licensed & insured. Call/Text 403-613-8385.

Email: john@propercarpentry.ca

Website: www.propercarpentry.ca

Mountain View Tree Care. We're a small, fully insured tree service company located in Silver Springs. We specialize in tree removals, pruning, emergency tree work, and stump grinding all at affordable prices. Give me a call or email for a free quote: brock@mvtreecare.ca 403 478 8361

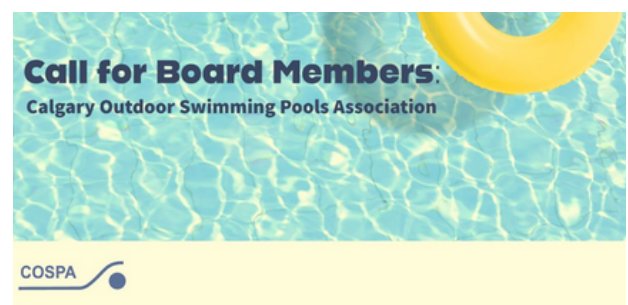
Nick Reynolds Plumbing:

Your Community Plumber' Local plumber with 25+ years experience available for all your plumbing needs. No job too big or small. And bathroom renos! Fully insured & Very reasonable rates. 403-618-2707 or e-mail nicksplumbing2005@gmail.com

The Calgary Outdoor Swimming Pools Association (COSPA) is a non-profit organization that operates the City of Calgary's eight public outdoor pools. COSPA's mission is to operate sustainable, safe and welcoming public outdoor pools and swimming programs for all Calgarians so that more individuals and families will enjoy fitness and leisure activities at our pools.

The COSPA Board of Directors is currently recruiting new directors and committee members who have energy to help the organization grow and strive to meet our vision of providing outdoor pools that all Calgarians support and are proud of. In particular we seek directors with work experience and interest in communications and marketing, governance and legal issues.

While most board meetings are conducted online, some in-person work is also required. We are looking for a five to 10 hour a month commitment. Interested parties should apply with a cover letter outlining previous volunteer experience and two references emailed to administration@calgaryoutdoorpools.ca.





Silver Springs Preschool 2024/2025 Registration Status

3 Year Morning: Full, Waitlist
3 Year Afternoon: Full, Waitlist
4 Year Morning: Full, Waitlist
4 Year Afternoon: Space Available
4 Year All Day: Full, Waitlist

To learn more about our preschool take a virtual tour: silverspringscommunity.ca/preschool or call 403-288-2616 for further information.



Silver Springs Preschool Spring 2024 Fundraiser



It's that time again! Our amazing preschool is doing our annual spring fundraiser and greatly appreciates your generosity to help raise money for field trips, special programming, and classroom enrichment. We are excited to offer the following local products:

- **Growing Smiles:** Annuals, hanging baskets, veggies, herbs, strawberries, and more! Order through the link below and select your preschoolers name or "Office-Community"
<https://silverspringspreschool.growingsmilesfundraising.com/home>
- **Spolumbo's:** Locally made sausages, burgers and lasagna; and a 25% profit for our preschool!
- **Routine:** Natural deodorants, shampoos & conditioners, candles; and a 30% profit for our preschool!
- **Canadian Heritage Roasting:** Bold and delicious coffee freshly roasted here in Calgary; and a 20% profit for our preschool!



If you are interested in supporting our preschool through any of these amazing products, reach out to one of our fundraiser coordinators for a fundraising package, or [pickup](#) a hard copy at the SSCA Office!

Rebecca Mayhew 403 835 4640 fundraisingcoordinator2@silverspringspreschool.com
Kaycee Foy 403 805 5724 fundraisingcoordinator1@silverspringspreschool.com

ORDERS MUST BE RECEIVED BY MAY 8 & PICKED UP ON MAY 29!



Rezoning for housing

A public hearing for the city wide rezoning proposal began on April 22, 2024. A project update is available on the City of Calgary website [here](#). The completed What We Heard Report and Verbatim Comments are now available from the project team.

For more information and to view the letter that the SSCA submitted to City Council, you can visit the SSCA website [here](#).

Any SSCA comments, questions or concerns related to rezoning can also be directed to the SSCA Director of Development darren@silverspringscommunity.ca *

Links for additional information:

- Rezoning for Housing (calgary.ca): <https://www.calgary.ca/planning/projects/rezoning-for-housing.html>
- Calgary Land Use Bylaw for Additional R-CG Rules: <https://www.calgary.ca/planning/land-use.html>
- SSCA Website: <https://silverspringscommunity.ca/2024/02/13/rezoning-for-housing/>

***Please note that the City has not contacted the SSCA directly regarding the Rezoning Proposal**



Board of Directors

We are always looking for great candidates to join our Board of Directors in the next annual cycle! If you are interested in finding out more about our board, what we do at the SSCA, upcoming positions available, and our nomination process, please reach out: administration@silverspringscommunity.ca

Community Centre Building Expansion

Seeking individuals to support the building expansion of the SSCA community Centre. Grant or fundraising experience in the non profit sector would be an asset!
administration@silverspringscommunity.ca



SSCA Annual Litter Clean Up Event
Saturday May 11th 10am – 12pm

Help make the parks and green spaces we love, litter free! Spend time with your friends, family, and neighbours. Pizza and refreshments will be provided after the event for volunteers. All Ages event! Sign up early to get the area of your choice! Register [here](#). *** Not to be confused with the Community Clean-Up event ***
Email: events@silverspringscommunity.ca with any questions.

Hello Summer - Community BBQ June 22, 2024 12pm - 3pm

Opportunities to support our annual Summer BBQ event in June. This year marks the SSCAs 50th anniversary so we will need more help than ever! We have 1 more space available on our planning committee. We also need volunteers on the event date to help set up, take down, hand out treats, and supervise the craft station. <https://silverspringscommunity.ca/event/hello-summer-family-bbq/>



Events & Communications Committee

We are looking to build a committee that would support the SSCA board of directors with various marketing, communications, and community events. No special skills required, as we will provide training and onboarding for interested individuals. 5 spaces are currently available. Please reach out to events@silverspringscommunity.ca with any inquiries and to be considered for the committee.

Drop-In Playtime

This program will run approximately twice per month in the fall, winter, and spring of 2023/2024. We are looking for individuals to help us run this program (setting up and taking down toys and play material). We are also looking for donations of children's books in good, used condition.
events@silverspringscommunity.ca

CURRENT SSCA OPPORTUNITIES



Winterspace

Opportunities to join the dynamic and innovative Winterspace Committee. Please complete the survey here:

<https://silverspringscommunity.ca/silver-springs.../>

Botanical Gardens of Silver Springs

Volunteers are always needed and welcome - and you do not have to have a green thumb or special skills. All that is required is the willingness to be part of a project dedicated to making our world a little greener and more beautiful.

<https://bgss.ca/>

Edible Gardens of Silver Springs

Any interested gardener who wishes to have a voice in the operation of the garden is welcome to participate. This group meets on a 'as needed' basis, as well as communicating regularly by email. Garden members volunteer to be part of the Head Gardener Group and fill necessary roles such as chairperson, secretary, treasurer, communications, box steward, and newsletter editor, all communicating with the Silver Springs Community Association.

<https://silverspringscommunity.ca/community/edible-garden/>

Volunteers needed this weekend (May 4th & 5th). The Edible Gardens group is replacing 8 large garden boxes and 6 small garden boxes.



Coffee & Refreshments will be provided. Sign up here:

<https://volunteersignup.org/DTBJA>

Silver Springs Pump Track

5720 Silver Ridge Drive NW
Silver Springs Community Association

Saturday May 4th .2024

MAINTENANCE DAY

@
SSCA PUMP TRACK

TOO WET CANCELLED

Lets get our hands dirty!
Visit www.silverspringscommunity.ca to volunteer.

Find us on Facebook @SilverSpringsPumpTrack

THE BOTANICAL GARDENS OF SILVER SPRINGS

Signs of Spring in the Garden in early May

Spring is here. Activity in the garden has begun with an early clearing of winter debris to allow the new growth through. Our early bulbs and flowers are blooming. Hepatica, Pasque Flower (Crocus) and Draba are blooming in the Crevice garden.

Our volunteers are out in the garden and you can meet them most days. We will start gardening in earnest in May. We hope you will all consider volunteering in the garden. Anyone interested is requested to identify yourself by sending an email to info@bgss.ca. This year we have introduced a volunteer software to support orientation and scheduling of volunteers which should improve communication and efficiency in our work with volunteers. We will have two orientation tours as well on April 27 and May 4. However if you miss those, we will arrange an orientation over the next several weeks to accommodate new volunteers. Please consider volunteering with us. It is a wonderful community of generous individuals.

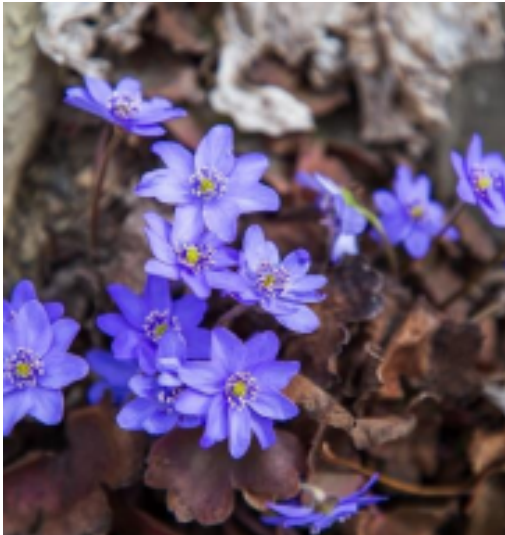


Figure 1 Early blooms, Draba, Pasque Flower, Hepatica

Figure 2 Early Volunteers

This year will have two new initiatives. We will be working on a water management program to rationalize our water usage. We will also provide information to the community on water management principles and practice. Watch for this. As well we will be planning a major garden improvement for the South border garden. Sandwich boards are up to describe the upcoming plans. We are also in discussion with the Alberta Regional Lily Society to plan a new Martagon Lily bed within the South Border garden.

Our little library will open on May 1. We have received many donations already, but given the high interest from the community, we are open to receiving more donations if you have any books or magazines with a botanical or horticultural focus. We are hoping to have this library as a resource to the gardening community. Last year our large stock of books was taken out of the library and not returned. Clearly there is huge interest in gardening books. We are looking for more books to restock the library. If you have any to donate, please drop them off at the Community Center in Silver Springs. (Please alert the staff about them and they will alert us. Pick up is weekly on Friday). Please return any books so others can enjoy.

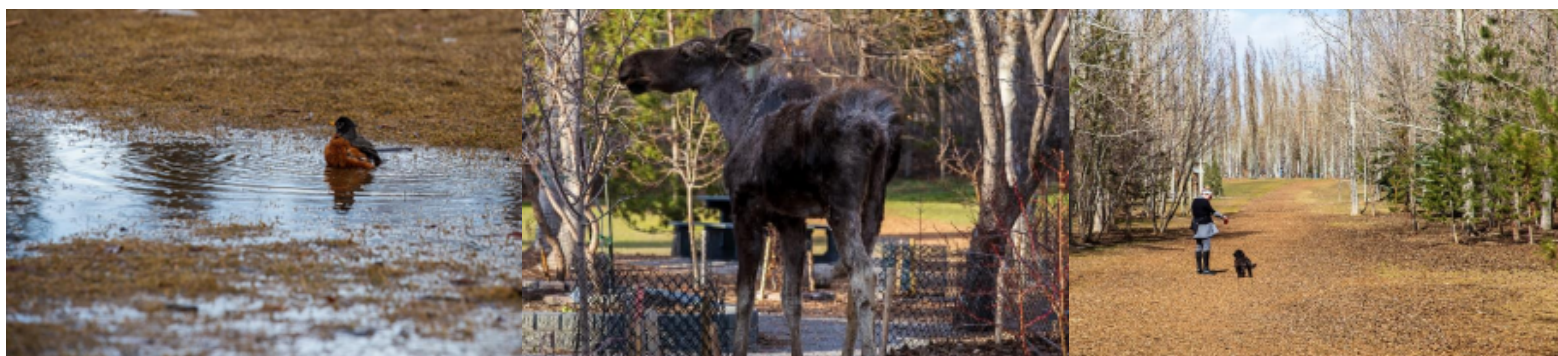
Our educational activities for May and June include the following:

May 13, 10:30 am - A walk to the Alpine Rock and Crevice Garden to meet the gardeners and see the wonderful collection of alpine plants which are both cold and drought tolerant. Designer, Rob Staniland will be at the garden to provide information and answer questions. We ask you to meet at the main entrance near the kiosk. There is no pre registration requirement.

May 15, 7:30 pm – Carol Patterson will be presenting on a “Do it Yourself” garden box watering system. This was trialled in our large planters last year and worked well to provide consistent moisture for the annuals in the planters. This course is located in the board room at the Silver Springs Community Center. Preregistration with the community center is required. The cost is \$15.00

June 15, 10:30 am – a walk to explore our variety of trees that grow in our climate will be led by Teresa Lynch. This will require pre registration. Watch for future information on this.

June 19, 7:30 pm – a panel of experts will discuss ‘Sustaining your garden during the hot, dry, summer months. This requires pre-registration with the community center and costs \$15.00. It will be located in the board room at the Silver Springs Community Center.



There will be further tours/walks through the garden all season. Watch this space for announcements. You will be able to meet the gardeners, focus on the story behind each garden and learn about the plants that thrive there.

The garden is attractive to visitors of all types. This spring we have had birds, bees and mammals from our nature community as well as our usual visitors. Please note the special needs of the wild visitors. Although these animals are somewhat acclimatized to people, they are still unpredictable. Moose are large and can hurt people or dogs who disturb them. Please keep your dogs on a leash when they are in the vicinity. Avoiding close contact is also advisable. Take your pictures from a distance.

Thank you for all your support whether as a volunteer, sponsor, donor, or park user. We all make our botanical garden the community gathering space that it has become.



Silver Springs
Community Association

The Botanical
Gardens
Silver
Springs

37 Silver Springs
Dr. NW
the Gardens

Spring Concert in

The Jazz-niks Big Band



Saturday June 1, 2024 2:00 – 4:30 PM

Donations for the band and non-perishable food
items for the Food Bank gratefully accepted!





In case of inclement weather, please check the silverspringscommunity.ca calendar for change of schedule



THE EDIBLE GARDENS OF SILVER SPRINGS

" Build a sharing community!

If you are a grower of annual flowers or vegetables, you may have extra seedlings. How about offering these up by placing them on your sidewalk on Mother's Day as many residents take an afternoon stroll. Time to start seeds soon.. more details about how to easily display and share your seedlings will follow in the next edition of the Spirit"



When you are out taking a walk through the community on Mother's Day, you might come across people who have set out their extra seedlings to share. Gardeners are noted for being exuberant when planting seeds and often have such great success that they have more seedlings than they can plant in their own gardens. Carol, an active volunteer in the Botanical Gardens, started this initiative. It is gestures like this that make Silver Springs the 'Best Community in Calgary'.

New Garden Boxes Arrive

In late April and early May the garden has been abuzz with activity. We are replacing 8 large garden boxes and 6 small garden boxes. The boxes were constructed by carpentry students at SAIT and were transported to EGG for final assembly to take place. The old boxes will be demolished, the soil excavated, and new boxes put in place before the soil is replaced. We received the Neighbourhood grant from the Calgary Foundation to cover the cost of materials.

Thank you to all the many volunteers, our own gardeners and the generous companies who have assisted us. This project is scheduled to be completed over this weekend on May 4th & 5th and we need your help!

Sign up [here](#) to volunteer. Coffee and refreshments will be provided.





DIY Garden Box Watering System
May 15, 2024
7:30 PM
Board Room at Silver Springs Community
Hall *

PRESENTER: Carol Patterson

“The Growing Connection” presents:

This summer promises to be another dry season with the likelihood of water restrictions. Learn about an interesting way to deep water your garden.

This demo will show you a simple, cost effective tool to get water to the roots of your plants where it makes a difference.

Carol Patterson is a volunteer gardener and garden lead with the Botanical Gardens of Silver Springs. Currently she spends the garden season tending to the Fruit Grove, growing annuals from seed for the large planters in the park and helping to develop a BGSS native garden and renovation plan. She has been interested in all types of gardening. Growing up on an Alberta mixed farming operation, she developed an early appreciation for ‘dirt’ and all it produces.

Since retiring from a long career in healthcare, Carol has pursued a Master Gardener Certificate and a fulfilling way to contribute to the community. An interest in water wise gardening and sharing with like-minded people, this demo will show you a simple, cost effective tool to get water to the roots of your plants where it makes a difference.

Pre-registration by calling 403-288-2616 or online at [EGG Programs and Events \(strategicconsultinggroup.ca\)](http://EGG_Programs_and_Events.strategicconsultinggroup.ca)

Cost: \$15

Sponsored by the Edible Garden of Silver Springs, the Botanical Gardens and the Seniors’ Group

*** Note - The location may be subject to change. Watch for confirmation of the location a few days before the presentation.**

ACTIVE SENIORS CORNER 55+

Prepared by Director of Seniors Resources and Engagement,
Karen Kirnbauer, karenk@silverspringscommunity.ca

APRIL EVENTS

Wednesday April 17 the 2/4 part Garden Speaker Series "Creating a Drought Resistant Garden" with Jennifer Hoglin. Cohosted by the EGG, BGSS, and SSCA Seniors Group. 19 registrants attended an informative and entertaining evening with advice on water conservation, watering tips and suggestions on drought resistant plants.

Monday April 22 at 1:00-4:00 PM. "Pebble Art" with Karen Bradshaw. 18 participants who each made their very own masterpiece. Such creativity!!!! I was blown away by the different works of art, from dragonflies, fishermen, hikers, hockey players to heartfelt family inspired pieces. Karen was an amazing instructor who brought all the supplies and guided and encouraged us with our creations. Many thanks to her and Kay Wilford, her trusty assistant.



UPCOMING EVENTS IN MAY

Thursday May 9 - 7:00-8:00 PM - "Dancing in the Dark", hosted by SS resident Kate Butler, in the lower SSCA Common room. Come and dance to all your favourite hits from the 70's and 80's! **Contact Kate if you are interested in attending: katyb@shaw.ca.** \$2.00 at the door.

Friday May 10 - 10:00 AM-12:15 PM. The last Seniors Open Rehearsal of the season at the Jack Singer Concert Hall. This event will be Brilliant Bassoon with Antoine St-Onge, bassoon, accompanied by The Calgary Philharmonic Orchestra, conducted by Karen Kamensek. It has always been well attended, a lot of fun and very entertaining. \$15.00 CASH. We will again arrange carpooling for those who are not comfortable driving and parking downtown and to save on parking costs. We will meet in the SSCA lower parking lot at 9:00 AM. Please contact me at karenk@silverspringscommunity.ca if you would like to attend.

Monday May 13 - 1:00-2:00 PM in the SSCA boardroom "Nutrition and Healthy Aging", presented by Monica Storey (SS resident) and Sheila Tyminski. No charge. **Please register [here](#).**

Monday May 27 - 10:30-11:30 AM - "Stay Tuned In: Hearing Health and Wellness"- presented by Dr. Erin Davis in the SSCA Boardroom. Learn about how our hearing works, the different types of hearing loss, and what you can do to help your hearing. Have the opportunity to ask questions to a local hearing care specialist. No charge. **Please register [here](#).**

Wednesday June 5 - 8:30 AM - 4:30 PM - Coach bus trip to William Watson Lodge in Kananaskis Country. Members \$15 each / Non-members \$20 each. **Register [here](#) by May 27.** We will be meeting at the SSCA on June 5 at 8:10 AM. The bus leaves from the SSCA at 8:30 AM and returns at 4:30 PM. Join us for hiking, walks, games in the lodge (if it rains). Lunch will be provided. **Any questions contact karenk@silverspringscommunity.ca.**



AN UPDATE FROM THE OFFICE OF PAT KELLY

I have been busy in Ottawa holding the government to account for its actions.

This year, the carbon tax went up 23% despite an affordability crisis and persistent inflation. This is the next step in the NDP-Liberal government's plan to quadruple the carbon tax over the next six years, making everything more expensive for everyone.

In April, the Liberals released the 2024 budget. It includes nearly \$40 billion in new inflationary spending. Canada will now spend \$54.1 billion to service Trudeau's debt, which is more money than the federal health care transfer. Struggling families can't afford higher taxes and more inflationary spending that drives up the cost of everything and keeps interest rates high. That is why Conservative leader Pierre Poilievre sent a letter to Justin Trudeau with three demands to fix the budget:

1. Axe the tax on farmers and food by immediately passing Bill C-234 in its original form.

2. Build the homes, not bureaucracy, by requiring cities to permit 15% more home building each year as a condition for receiving federal infrastructure money.

3. Cap the spending with a dollar-for-dollar rule to bring down interest rates and inflation. The government must find a dollar in savings for every new dollar of spending.

Justin Trudeau's budget does not meet any of these conditions, therefore my colleagues and I will vote against it and vote non-confidence in the government.

Feedback from Calgarians is very important to me and informs the work I do on your behalf in Ottawa. If you would like to share your thoughts with me on national issues, please feel welcome to contact me through my Calgary office.

It remains my honour to represent you at the House of Commons as your Member of Parliament.



WARD 1 REPORT FROM COUNCILLOR SONYA SHARP

Hello Ward 1! Here are the latest updates from City Hall and on what's happening in your community:

Drought update

The drought conditions Calgary has been experiencing may mean that water restrictions could be put in place this month. We ask all Calgarians to observe any water restrictions put into place in order to protect our ecosystems and drinking water supply. Visit calgary.ca/drought to learn more.

Blanket rezoning

In April, Council held its Public Hearing on blanket rezoning to Calgary. A big thank you to everyone who participated. Regardless of the outcome, your voices made a difference. You can visit calgary.ca/ward1 to learn about the final result and for more information on what happens next.

Single-Use Items repeal

The Public Hearing to consider the repeal the Single Use Items Bylaw will take place on May 7. You are welcome to address Council to submit written feedback. Visit calgary.ca/publichearing to learn more. You can also visit calgary.ca/ward1 for further updates on this issue.

Street sweeping

Weather permitting, The City begins cleaning winter debris from our streets beginning in April and continuing through May. Sweeping happens Monday through Friday between 8 am and 4 pm. You are required to move vehicles off the street when a sweep is scheduled, or you could be ticketed and towed. Visit calgary.ca/sweep to learn when cleaning is scheduled for your neighbourhood.

Neighbour Day

Neighbour Day is coming up on Saturday, June 15! Consider hosting or visiting a Neighbour Day party for some family fun and a chance to connect with your neighbours. The City has a number of resources for a successful event at calgary.ca/neighbourday.

Waste collection reminder

Weekly pickups of Green Carts resumed for the season on April 23 and will remain in place until the fall. Visit calgary.ca/collection to set up pickup reminders and for important cart placement tips.



ST. SYLVESTER SCHOOL
7318 Silver Springs Blvd NW, Calgary, AB
T3B 4N1
Tel: 403-500-2063
stsylvester.cssd.ab.ca

Dearest Readers,

As the City is growing warmer with each spring day the children at St Sylvester are preparing for the last few months of school activities. On May 5th we recognize Red Dress Day by honouring missing Indigenous women and two-spirit people who have gone missing. This day was inspired by Jamie Black in 2010, a Metis artist based in Winnipeg, Manitoba. The idea was to confront people with the violence that women are experiencing, and to create a space for women to tell their stories.

School Bus Driver Appreciation Day is Monday, May 6th. This special day gives teachers, students, and families the opportunity to thank school bus drivers and to show them how much their service is valued and appreciated.

St. Sylvester Elementary School is open for 2024-25 enrollment into their French Immersion School where we offer Kindergarten AM, PM, and Grades 1-6 programs. We invite you to visit us on location to learn more about our community and culture. Childcare may be needed for your family and there is a licenced childcare provide located within our school.



7235 Silver Mead Rd NW
Calgary AB T3B 3V1
403-777-6070
<https://silversprings.cbe.ab.ca/>

May is a busy time at Silver Springs School! We start the month off with a Spring Music Concert on May 2nd. Students will be singing, dancing and playing various musical instruments. On May 9th our students are taking part in a school-wide field trip to Glenbow Ranch. Students will be learning about biodiversity and plant identification by walking through the local fescue grasslands.

On May 23rd our students will participate in their third Wonder Day of the year. On these days, the teachers get to share some of their interests and passions, allowing our students to explore some of their own. There are thirteen different activities offered, from jewelry making to robotics to juggling and more.

Silver Springs School is open for enrollment for fall 2024. We are a small community school with a focus on community involvement, belonging and outdoor education. Students participate in regular "learning on the land" opportunities with explorations around the community including the Botanical Gardens and Bowmont Park. Kindergarten registration is on-going and our kindergarten orientation is taking place on May 7th at 5pm. There will be a new before and after school program at the school in September 2024. Watch the school website for more information about registration in May or June.

Calgary



Despite the recent snows the City is still listed as dry under the drought meter. With this designation the City has implemented voluntary water restrictions. In an effort to support water sustainability we have partnered with Green Calgary to provide rain barrels for residents and CAs to access. There are limited quantities available on a first come first served basis at the following locations:

April 27- IKEA (8000 11 St SE)

May 4- Dalhousie Co-op (5505 Shaganappi Tr NW)

May 11- Calgary Horticultural Society (2725 33 Av SW)

May 25- Deer Valley Co-op (1221 Canyon Meadows Dr SE)

June 1- The Genesis Center (7555 Falconridge Bv NE)

June 8- West Springs Co-op (917 85 St SW)

June 15- Inglewood Community Garden (2297 17 St SE)

June 22- Community Natural Food Chinook (202 61 Av SW)

All events are 10:00-2:00 and each rain barrel is \$78+ GST. This includes the rain barrel, brass tap, outlet cap and adapter. Hose kits are also available for an additional cost. Please note collected rain water is not potable, which means it is not recommended for drinking water or watering food crops. For more information see [YardSmart - Rain barrels \(calgary.ca\)](https://calgary.ca/yardsmart-rain-barrels).

Tree Education and Free Trees – Branching Out Program

Calgary Parks is offering multiple opportunities for education on trees and tree care in our climate. As part of their commitment to building the City's urban canopy Parks has plenty of options both virtual and in person, check them out here [Tree-care and education \(calgary.ca\)](https://calgary.ca/tree-care-and-education).

In addition to the educational series Calgary Parks is offering in relation to our Urban Canopy, they will also be giving away a limited number of trees via the Branching Out program. Please check the webpage here to decide what type of tree may be best for you and keep an eye out for applications and further details throughout April. [Branching out tree program \(calgary.ca\)](https://calgary.ca/branching-out-tree-program).



Community VOLUNTEERS NEEDED



We Need Help with:

The City of Calgary's Pathway & River Clean-up starting at Silver Springs Blvd. at 54 Avenue NW going to the top of the hill at Dale Hodges Park. Bring your gloves, hat, sturdy shoes, and water. All other supplies will be provided.

Join the Green Calgary team

- You must be:
- 12 years or older
 - Accompanied by a parent or guardian (if you're between 12 and 17 years old)
 - Physically fit
 - Willing to get dirty

SUNDAY

MAY 5, 2024

10:00AM-NOON

For more information or to register contact:
judi@greencalgary.org