

THE SILVER SPRINGS *SPIRIT*

JANUARY
2021



HAPPY NEW YEAR!

Silver Springs Preschool 2021-2022 Registration Opens This Month (Details Inside)

Silver Springs 15th Annual Lego Competition (Details Inside)

Silver Springs AGM – January 14th (Details Inside)

Photo By Brian Skinner

**THE OFFICIAL VOICE OF THE SILVER
SPRINGS COMMUNITY ASSOCIATION**



facebook.com/SSCACalgary



ssca_calgary



@SSCACalgary



SILVER SPRINGS COMMUNITY ASSOCIATION



**5720 Silver Ridge Dr. NW
Calgary, Alberta, T3B 5E5**

Phone: 403-288-2616 **Fax:** 403-247-0820

Email: administration@silverspringscommunity.ca

Website: <http://sscacalgary.weebly.com/>

[facebook.com/SSCACalgary](https://www.facebook.com/SSCACalgary)

[@SSCACalgary](https://twitter.com/SSCACalgary)

SSCA Vision: To maintain a beautiful and vibrant community by supporting the evolving needs of our residents through communication, leadership and engagement.

SSCA Mission Statement: To enhance quality of life by fostering community spirit, participation and engagement.

Article Submissions: Get Involved with Silver Springs today! The Silver Springs Spirit DEADLINE is the second Friday of every month.

Board of Directors

Executive

President Cydney Elofson
Vice President Jennifer Dotchin
Secretary Monique Tambay-Roest
Treasurer Scott Chomistek
Director, Community Safety Jeremie Bourqui
Director, Botanical Gardens June Bergman
Director, Community Development Murray Scotton
Director, Crowchild Hockey Darren Bourget
Director, Senior's Housing Karen Kimbauer
Director, Senior's Engagement Kay Wilford
Director, Social Media Darcie Todd
Director, Outdoor Spaces Jeremy Gukert
Director, Membership Development Karen Bradshaw

Standing Liasons

Scenic Bow Valley Guides any-calgaryscenicbowvalley@girlguides.ca
Scouts k.canivet.usa@gmail.com
Crowchild Twin Arena Roy Moore / Jeremy Gukert
Soccer Dino Sorrentino
Seniors Card Group Betty Neary
MLA Jason Copping, Calgary.Varsity@assembly.ab.ca
MP Calgary Rocky Ridge Pat Kelly
Councillor Ward Sutherland
Friends of the Gardens Duncan Badger

Community Association Staff: 403-288-2616

Accountant Deb Hall
Administration Dawn Ellertson
Manager, Building Operations Rita McMillan
Program Coordinator Sherry Gavlin

Office hours: 9:00 a.m. – 4:00 p.m.

Monday – Friday. Closed statutory holidays.

IN THIS ISSUE

CLASSIFIEDS	2
ADULT PROGRAMS	3
SCOUTS	4
COLORING CONTEST DRAW	4
SILVER SPRINGS PRESCHOOL REGISTRATION	5
NORWEST SOCCER/WEST VALLEY SOFTBALL	6
CROWCHILD HOCKEY	6
BOTANICAL GARDENS	7
EDIBLE GARDEN GROUP	8
EDIBLE GARDEN GROUP	9
SILVER SPRINGS AGM	9
BOWMONT PHOTO CONTEST	10
BOWMONT PHOTO CONTEST	11
BOWMONT PHOTO CONTEST	12
BOWMONT PHOTO CONTEST ENTRY FORM	13
LEGO COMPETITION	14
SNOW ANGELS	15
HAYLEY'S RINK	16
OUTDOOR RINK REGULATIONS	17
NEIGHBOURHOOD STREETS INITIATIVE	18
NEIGHBOURHOOD STREETS INITIATIVE	19
OFFICE OF PAT KELLY	20
AHS-TOBOGGAN SAFETY	20
MESSAGE FROM JASON COPPING	21
WARD 1 REPORT-COUNCILLOR WARD SUTHERLAND	22
CITY OF CALGARY-RECYCLING	23
CITY OF CALGARY-NEW YEAR'S EVE	24
OFFICE OF PAT KELLY	25
S'MORE RECIPE	25



SILVER SPRINGS COMMUNITY ASSOCIATION

Membership Application

Please fill out this form and include payment by cheques, VISA or Mastercard and mail or drop off at the Silver Springs Community Centre, 5720 Silver Ridge Dr. NW, Calgary, AB T3B 5E5

Parents Names: Surname First Name(s)

Children's Names: _____

Mailing Address: _____

Postal Code: _____

Phone Number: _____

Email Address: _____

(Family \$25 / Senior \$10/household / Associate \$35)

Amount Paid: \$ _____

Cheque ☐ **Visa** ☐ **Mastercard** ☐

Credit Card #: _____ **Exp:** ____ / ____

You can also purchase your membership online at www.silverspringscommunity.ca. All memberships expire Aug. 31 of each year, regardless of when in the year you purchase them.

CLASSIFIEDS

Nick Reynolds Plumbing: 'Your Community Plumber' Local plumber with 25+ years experience available for all your plumbing needs. No job too big or small. And bathroom renos! Fully insured & Very reasonable rates. 403-618-2707 or e-mail nick.reynolds@shaw.ca

Butterfly Dayhome: Experienced, quality love and care in Silver Springs. Age-related activities. Group piano lessons. Snacks and hot meals. 403 288-3390 butterflydayhome@hotmail.com

Permanent Hair Removal by NEW YOU ELECTROLYSIS: Certified Electrologist in Silver Springs, Member of ESA FCEA with over 35 years experience. Free consultation & Flexible hours Call: (403) 286-2299

Joe's Handyman Service: Local Skilled Handyman offering Installation & Repair Services in Carpentry, Painting, Drywall, Plumbing, Electrical, Flooring, Tiling, etc. Before you part with your hard earned \$\$\$, contact Joe for a 2nd opinion/free consultation @ 403-650-4512, email: joe@joeshandyman-service.ca www.joeshandyman-service.ca

Snow Removal, Electronical Repairs, Painting and Renovations: Many satisfied, repeat customers for 5 years in Silver Springs. Reasonable rates, immediate availability, reliable, quality workmanship, friendly service. Please call Mehryar at 403-923-6441 or Loree at 403-286-6308

MARK ON YOUR CALENDER

- PRESCHOOL 2021/22 REGISTRATION INFO ON PAGE 4
- LEGO COMPETITION 2021 GOES VIRTUAL!
- SILVER SPRINGS VIRTUAL AGM: JANUARY 14TH @ 7:30 PM



DID YOU KNOW?

**THE FIRST NEW
YEAR'S
CELEBRATION
DATES BACK
4,000 YEARS**

ADULT PROGRAMS—WINTER 2021

Programming will look a bit different this year.

All classes must be pre-booked. Some will be offered as a session such as our Yoga and Fusion classes and some are available to register for one day at a time such as the Active Older Adult and Pickleball.

Due to changing Alberta Provincial COVID-19 protocols, please check our website or call the office for the most up-to-date information. We hope to have programs back up and running in February.

ACTIVE OLDER ADULT 55+

An active class for beginners with choreographed cardio patterns followed by free weights and mat work. Designed to promote muscle awareness and improve muscle tone. Balance exercises are a must. The choreography is alternated with interval workouts to keep the routine fresh every week! Classes run Tuesday and Thursday mornings at 9:15 am.

FUSION FITNESS

A blended class that incorporates posture and exercises from Yoga, Pilates and strength training. This mat-based course provides participants with all the best aspects of yoga, pilates and strength training for an exceptionally well-rounded class that challenges even the most expert Yogi and pilates guru. This low impact class improves participants' strength, flexibility and balance. Participants are encouraged to bring their own Yoga mat. Classes run Wednesdays 10:45 – 11:45am.

YOGA

It is easy to forget the importance of stretching in keeping the body strong. Seniors Yoga is a class designed to relax the mind and body through deep breathing, stretching and meditation. Due to its low-impact nature, yoga can help seniors retain and build their muscle capacity without the fear of injury that can accompany more fast-paced classes. Our instructor takes seniors through simple poses to improve their balance and confidence in themselves. All yoga classes are scent free zones.

Session runs Mondays 10:30 – 11:30 am.

PICKLE BALL

Are you an avid tennis or badminton player looking for a new challenge? Or have you never swung a racket in your life? Perfect for any level, pickleball is a paddle sport that incorporates elements of tennis, badminton, and table tennis. It is played with a wiffle ball on a badminton-size court over a large tennis-style net. SSCA is proud to provide the equipment. Beginner, intermediate and expert players are welcome!

Tuesdays: 12:15 – 1:45pm and 2 – 3:30 pm (limited to 6 registrants)

Fridays: 12:15 – 1:45pm and 2 – 3:30pm (limited to 6 registrants).

LINE DANCE

Boot, scoot and boogie into Calgary's culture! Line dancing is a popular western style type of group dance performed in lines with a sequence of steps. In Calgary, it's important to know how to line dance when the Calgary Stampede rolls into town, and it is a great way to get moving and meet like-minded people. SSCA offers two levels: beginner and beginner plus, and both classes run for 12 weeks.

Sessions run Thursdays: Improver class: 1 – 2pm
Beginner class 2:15 – 3:15 pm.

SILVER SPRINGS SCOUTS

Happy New Year from the 159 Silver Springs - Scenic Acres Scout group! Scouts continues to be a place for youth to have a sense of community and belonging as we live in these socially distanced times. We continue to abide by the local health regulations and guidelines set by Scouts Canada. Scouts of all ages (5-18) eagerly await the return of outdoor scouting, but will only do so when it is safe. I am impressed by our leadership group for finding creative ways to deliver fun and challenging programming.

Many members of the community look forward to our youth stopping by to collect unwanted bottles and returnables throughout the year. Due to the regulations this has not been possible so far this year. If you would like to support our group please take your bottles to the Crowfoot Bottle depot and donate some or all of the proceeds to the 159 Scout Group. We appreciate the support!

Thank you,

Kris Canivet

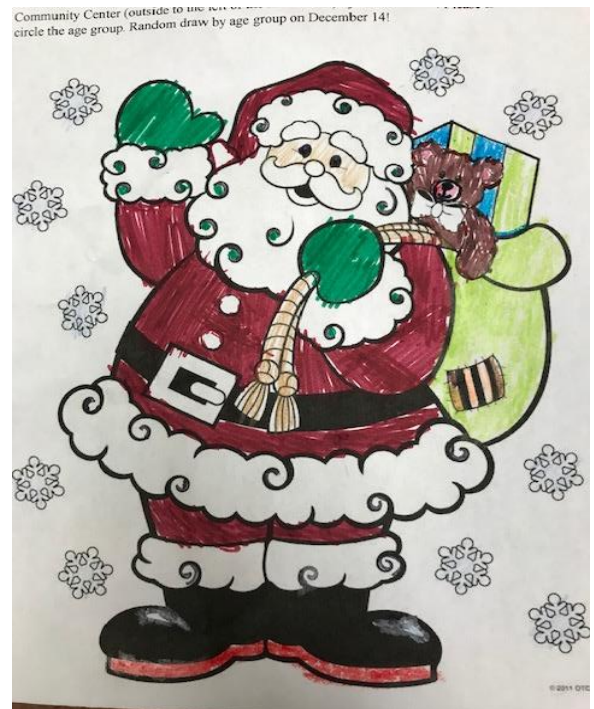
159 Silver Springs - Scenic Acres
Group Commissioner

commissioner@159Scouts.ca

CHRISTMAS COLORING CONTEST DRAW



5 AND UNDER



6 - 8 YRS



Silver Springs Preschool

Registration 2021-2022

Opens in January

**VIRTUAL
OPEN
HOUSE
JAN 14TH!**



Where your child is given the opportunity to learn through play.



Each day is filled with teachable moments. Young children are eager to learn and their play usually shows what they are learning day to day.



Offering a 3- year-old and a 4 -year- old Program

Registration will be using a new system this year which is connected to our new Membership database. Please log into your membership account beforehand to assure that your information is up-to-date. (email and phone number) This will make registration go smoother. If you are unsure of your Grandfather status, please give the office a call, 403-288-2616, we will be happy to check for you.

January 12, 2021 - Backpack Registration - for families that are currently enrolled in the program.

January 14, 2021 - Grandfather Registration - if you have had a child attend our school in the past 5 years and would like to register for the school year, please email programs@silverspringscommunity.ca to check your status

January 18, 2021 - Pre Registration - for families who are current residents of Silver Springs. Proof of residency will be required.

January 21, 2021 - Open Registration - for all families who do not fall under any of the above categories

Check the website, www.silverspringspreschool.com for updates, the registration link and the information on the Virtual Open House.

NORWEST SOCCER AND WEST VALLEY SOFTBALL

Due to changing Provincial COVID guidelines we are holding off on program registration until we have a better understanding of the feasibility of running a 2021 season.

BOW RIDGE LITTLE LEAGUE

Play Ball!

Spring is just around the corner, and that means returning for fresh air and baseball. Registration for the 2021 Bow Ridge Little League Baseball Season opens on January 15th and runs until March 1st. Bow Ridge provides options for boys and girls between 5 and 16 years old, as well as all levels of experience.

Register online at www.bowridgebaseball.com. If you have questions, check our website or contact us at registrar@bowridgebaseball.com.

CROWCHILD HOCKEY

Happy New Year NWW Families and community partners!

We have had a very different December with the hockey season paused due to increased public health restrictions. We hope that our efforts and our sacrifices led to a happy and healthy Christmas Holidays!

As of this writing we do not know what hockey in 2021 will look like but we are looking forward to returning to the ice with our new teams and beginning the competition phase of this hockey season. Our players and coaches have worked hard in our development cohorts and we look forward to seeing our Warriors compete against other associations!

As challenging of a year that 2020 was we are encouraged by the commitment and teamwork shown by our members and partners! A big thank you to our arenas for working so hard to keep us safe!

2021 is a year of new opportunities and possibilities and we look forward to watching our Warriors once again.

Check out our website for news, events and team highlights (www.nwwarriorshockey.com). We look forward to seeing you at the rink soon.

We wish everyone a happy, healthy and prosperous New Year.

The Northwest Warriors



BOTANICAL GARDENS OF SILVER SPRINGS

Happy New Year to all. We are all looking forward to the promised change with the advent of our promising vaccines.

We want to thank the users of the garden for their vigilance. Once we let you know that vandalism was occurring in the gardens, we have seen a marked decrease in any destruction. Thank you so much for your ongoing care of the gardens. We love them and can see that you do also.

This is the time of year when all gardeners begin to order their gardening catalogues for the upcoming gardening year of 2021. All the plants look so beautiful in the photos. Those of us who love to garden are tempted to order many. This is a scale that incorporates average temperatures throughout the year. Some groups call it a cold hardiness map. You can see on the map that Calgary straddles the two zones, with a higher growth possibility as you move from North West Calgary to South East Calgary.

Looking at your catalogues with the zone in mind will allow you to make wise choices in the seeds or plant materials that you choose.

Another factor to review is the number of days to maturity. Calgary has traditionally had 90 to 100 frost free days over the summer. It is warming in this region now and we get a few more frost-free days, but they are not reliable year to

seeds. Seed catalogues are available from most nurseries.

Calgary has its own unique environment for growing and we all need to keep in mind what the parameters or restrictions are for growth in Calgary. Here we have traditionally been a class 3 b on the plant hardiness map, however recent climate changes have meant that some plants rated in Zone 4 will grow in Calgary. This is particularly true in protected areas, or areas that have their own microclimates because of protection from the wind or having reflected sunlight.

Plant hardiness zonal maps for Alberta are available at

<https://www.plantmaps.com/interactive-alberta-plant-zone-hardiness-map.php>

year. When choosing your seeds, review how many days it takes for the plant to mature from seed, and choose those with the shortest period. Starting seeds indoors helps us to extend out selection of seeds to plants that take slightly longer. Choosing more of the plants that achieve maturity quickly will give you a better result and more time to enjoy the fruits (and vegetables) of your labor.

January is a great month for poring over the seed catalogues which are available now and choosing your old favorites, new thing to try or just a particularly interesting plant type.

Happy Gardening in winter.

WINTER GREETINGS from the Silver Springs Edible Community Garden!

What do gardeners do in the winter? Some lucky ones migrate south like the birds, but not during this Covid winter. The rest of us brew our cup of java or tea and sit cozy 'round a blazing fire perusing seed catalogues while visions of a lush green summer garden dance in our heads.

During the winter season reflecting on last season's growing successes and disappointments is the first order of business. Perhaps you were an organized gardener and kept a garden journal outlining what grew well, and what didn't, and what you planned to do differently next garden season. Now, using this information, start to plan your 2021 garden.

Daydreaming and planning is the next 'fun' step in creating a successful garden, yet best we remember that we live in the Chinook Belt. In 2016, Calgary's **plant hardiness** designation changed from Zone 3b to **Zone 4a**. This new category suggests a greater variety of plants that will grow in this region. Yet there are also slight variations in zones in Calgary, depending on whether you live in the south or north end of the city. And then, there are the microclimates gardeners can create in their own backyards. Yet mostly, gardeners and plants need to be determined and hearty souls to thrive in this zone.

If you haven't already done so, *order your garden catalogues now* online from the various seed companies. When looking through seed catalogues or seed packets, select seeds that *mature in 90 days or less* because there are only about 117 **frost free** days in Calgary. The active frost free growing season in Calgary is *generally* from May 23rd to approximately September 15th. The fewer days it takes a seed to grow to maturity, the better suited it is for our climate. If you're feeling adventurous, you could push the zone and plant a zone 4 or 5 plant in a sheltered area away from the strong winds, while adding extra protection during the winter months with snow, leaves, or straw.



Select the seeds you wish to grow this year from the catalogues, then make a list of the ones you have chosen and put the 'seeding date' beside each one. Many seeds require that you start them indoors, approximately mid-March for the Calgary zone, in order that they will have enough time to grow, set flowers, grow fruit, and mature. Yet there are a few that require an earlier indoor start, and of course, there are many that can be directly planted into the garden. *Look for our 'Seed Starting' article in the February 'Spirit'.*

If you haven't yet *cleaned and disinfected your gardening tools* from the past growing season, this might be an ideal time to do that and have them ready to go before the growing season begins. After brushing and rinsing off any remaining soil from your garden tools, clean them with warm dish soap and water, then dry well. If your tools have rusted, soak them overnight in a mixture of 50% vinegar and 50% water. Then, with steel wool, a brush, or a crumpled up piece of tin foil, rub the rust off in a circular motion. When the rust is gone, rinse the tool in soapy water followed by clear water.

Then *disinfect your tools* using a 10% solution by mixing one part bleach with 9 parts of water. Dip or spray tools with the bleach solution. This will kill fungi, bacteria, and viruses within seconds. Hang to dry, then rub with mineral oil or spray with WD-40.

OK! You're all set. Now just kick back and anticipate the spring and summer months and getting outside again.

For returning gardeners: If you wish to retain your garden box for the upcoming season, you can email silverspringsgarden@gmail.com

And if you're interested in joining the Silver Springs Edible Garden, you may add your name to the short wait list by emailing the above.



SILVER SPRINGS ANNUAL GENERAL MEETING

Thursday, January 14, 2021

7:30 p.m.

We have amended our Bylaws to permit a virtual AGM. Given the fluidity of the public health situation, members should keep checking the website and social media for updates as to how we will proceed. Right now, we expect we will be proceeding virtually.

Be a part of your community!

**LOOKING FOR SOMETHING TO DO? CHECK OUT FEDERATION OF
CALGARY COMMUNITIES!**

WWW.CALGARYCOMMUNITIES.COM

20th Annual Bowmont Natural Environment Park Photo Contest – 2020

The 20th annual photo contest sponsored by the Bowmont Natural Environment Park Amateur Photo Contest Committee is now complete.

Twenty Three participants entered 130 photographs in 5 categories. There were some amazing photos submitted this year. Judging took place on November 18th, 2020. We would like to thank the 3 members of the Foothills Camera Club for their generous gift of expertise and time; Allan Brooker, Keith Walker and Gerry Clark. Photos were evaluated independently by each judge using the 10 point system for technical merit, composition and impact. To encourage new participants, the third prize in each category was awarded to a new first time entrant with the highest new entrant score in each category if a new entrant did not place in first, second. Following is a list of the winning participants.

Category Winners:

Flora:

First – Judy Fleetham (Lovely Ladyslipper) 28.5 points

Second – Verle Arndt (Colour in the Woods) 26.5 points

Third – Angela Hindmarsh (Blue Flax Beauty) 23.5 points – New Entrant

Honorable Mention – Jackie De Bruyn (New Beginnings) 25.5 points

Honorable Mention – Judy Fleetham (Frisly Willow) 25.5 points

Park Users:

First – Jose Vazquez Diaz (Leafy Path) 28.5 points

Second – Lance Rath (Friendly Bird) 27.5 points – New Entrant

Third – Jose Vazquez Diaz (Little Explorers) 26.5 points

Environmental Issues:

First – Wanda Wong (Up the Creek - Fall) 26 points

Second – Mira Janacek (Colours Everywhere) 24.5 points

Third – Mark Kavanagh (Cool Relic or Leaking Hazard) 22.5 points – New Entrant

Honorable Mention – Judy Fleetham (Out of Place) 24.25 points

Scenic Views:

First – Judy Fleetham (October Gold) 27.5 points

Second – John Paterson (On the Path) 27 points – New Entrant

Third – Jose Vazquez Diaz (Autumn Sunset) 26 points

Wildlife:

First – Mira Janacek (Where is he?) 29 points

Second – Judy Fleetham (Buddies on a Branch) 28 points

Third – David Cuthiell (Gadwall Reflections) 26.5 points – New Entrant

Honorable Mention – Jackie de Bruyn (What you looking at?) 27.5 points

Honorable Mention – Mira Janacek (Relaxing) 27 points

Best of Show Photos:

Best of Show – Mira Janacek’s “*Where is he?*” was judged to be the best photo of the contest and was the highest scoring photo with 29 points.

Best of Show for New Entrant – Lance Rath’s “*Friendly Bird*” was judged to be the best photo of the contest by a new entrant this year and scored 27.5 points.

We thank all the participants for entering their best photos. The caliber of the photos entered each year just continues to amaze the judges as the photographers’ skills improve annually.

An Awards Presentation Evening was not held this year due to Covid indoor restrictions. Instead, the committee reached out to technology and used Zoom to meet with all the photographers on the evening of November 25th to share the annual PowerPoint presentation, judges’ comments and scores and announce the winners in each category.

Copies of the winning photos will be displayed over the next year in the Community Centres of Silver Springs, Varsity, Montgomery and Bowness who have all continued to provide community support over the years for the Bowmont Natural Environment Park photo contest.

Please watch your local community association newsletters for details on the 2021 photo contest and make sure you are out in the park all four seasons taking wonderful photos to enter in 2021. The contest entry deadline for 2021 is October 15, 2021. You can also contact Linda Knight ljknight1947@gmail.com or call 587.899.5496 for more information and entry forms.



Flora: Judy Fleetham-Lovely Ladyslipper



Park Users: Jose Vazquez Diaz-Leafy Path



Environmental Issues:
Wanda Wong-Up the Creek-Fall



Scenic Views: Judy Fleetham-October Gold



Wildlife/Best of Show: Mira Janacek-Where Is He?



Best of Show-New: Lance Rath-Friendly Bird

Bowmont Natural Environment Park 21st Annual Photo Contest Entry Form

The Bowmont Natural Environment Park Committee is looking for your best shots taken in Bowmont Natural Environment Park. Photos will be judged by experienced photographers. Prizes will be awarded in the following categories:

Scenic Views:	Scenic landscape views of the park
Flora:	Trees, shrubs, grasses or flowers
Wildlife:	Animals in the Park (not including domestic animals)
Environmental Issues:	Damage within the park (excluding private property)
Park Users:	People enjoying the park (submit their permission using the consent form)
Best of Show:	Best photo in the show and Best photo in the show by a first time entrant

Contest Rules

1. Contest is open to all amateur photographers. All photos must be taken within **Bowmont Natural Environment Park** between January 1, 2021 and October 8, 2021.
2. **Entry deadline is October 15, 2021.**
3. Photos submitted **MUST** be accompanied by the contest Photo **Release Waiver** or will be disqualified.
4. Some restrictions regarding prizes may apply.
5. Only two entries per each category may be submitted.
6. Submissions must be good quality 4" x 6" prints (no slides) with entry form attached. **Please do not write on the back of your photos.**
7. Please email a digital version if available of photos (JPEG file) to ljknight1947@gmail.com prior to entry deadline.
8. Photos submitted will not be returned to the entrant. They will remain with the committee for reproduction and use as per the Photo Release Waiver form.

How to submit your entries:

1. Attach one entry form to each photograph you submit with the following information:

Your name: _____

Address: _____

City: _____ Province: _____ Postal code: _____

Email: _____ Phone: _____

I have read and followed the Contest Rules (signature) : _____

Indicate category: ☐ Scenic Views ☐ Flora ☐ Wildlife ☐ Environmental Issues ☐ Park Users

2. Give your photograph a **Title:** _____
3. Attach the completed **Photo Release Waiver**
4. Attach a **Consent Form** (for Park User category only)
5. Submit your entries at Bowness, Montgomery, Silver Springs or Varsity Community Centre offices

Additional entry forms and the contest Photo Release Waiver are available at the following Community Centre Offices: Bowness, Montgomery, Silver Springs and Varsity; or by e-mail request to ljknight1947@gmail.com and pdf format form and release waiver will be forwarded to your e-mail address.

For more information, contact:
Community Volunteer:
Linda Knight
Phone: (587) 899-5496
Email: ljknight1947@gmail.com



SILVER SPRINGS 15TH ANNUAL LEGO COMPETITION

Dear LEGO enthusiasts!

Did you know that 2021 marks the 15th Anniversary of the Silver Springs LEGO Competition?

Due to the ongoing COVID-19 pandemic we won't be able to host our usual event, but we couldn't let the anniversary slip by without recognizing it in some way.

We are getting creative, doing things a little different for this year's event, and we are going Virtual!

We are going to be offering a Showcase rather than a Competition. We want to showcase all our builder's creative talents, all the unique LEGO artworks you work so hard to produce.

No registration fees, no categories, just build!

Over the holidays, we want you to get busy creating. Then starting on January 4th, we are inviting you to send us a photo of your Build or Builds! Enter as many times as you want! We will be posting all photos we receive between Jan 4th and Jan 18th on the Silver Springs website www.silverspringscommunity.ca and after the event we will be making random draws with some prizes up for grabs.

Send entry photos or questions to programs@silverspringscommunity.ca (please include your name and age).

Questions can be emailed to the above email or give the office a call at 403-288-2616.

And please pass this email on to anyone you think might be interested!

Happy Building!





Snow Angels Wanted!

We are looking for anyone interested in helping out local seniors with snow removal this season. If you would like to help, give the office a call and we will post your name and phone number in the upcoming Spirits. 403-288-2616.

Need Snow Removal Help?

Are you a local senior needing help with snow removal this season? Watch for a “Snow Angels” list to be posted in upcoming issues of the Spirit.

HAYLEY'S RINK

OUTDOOR ICE NEWS JANUARY 2021

Frigid temperatures followed by brief periods of almost tropical weather teased outdoor ice makers throughout the city for much of November. However, forecasters' promises of a prolonged period of entrenched arctic air enticed our rink volunteers to be among the first break out the hoses and start the process of slowly building up a solid base for our rinks on November 18th. Successive thin coats of water were applied at three hour intervals throughout the following days.

By November 20th, small patches of clear, hard, smooth ice started to appear, the formation of which was being closely monitored by outdoor skating enthusiasts of all ages, the most notable of which being Brayden and sister Jade. This duo describe themselves as "regulars", skating at the rinks several times weekly throughout the winter months. Jade, who turned 10 earlier in November, had foregone her usual large indoor birthday celebration in favor of a much smaller Covid-19 compliant outdoor event when the rinks became available. At 5 pm on the 20th, Brayden, Jade and friends Izzy, Emma, and Alyssa arrived at the rinks and along with mom Tahiri and dad Jason. They quickly donned helmets and skates and were the first to enjoy an hour of fun on patches of ice that had formed on the Silver Springs rinks for the 2020/2021 outdoor skating season. The party withdrew from the rinks when the 6 pm flood team arrived, grabbed their toboggans and headed for the hills surrounding the rinks for an evening of thrills on the surrounding slopes. Pizza, cupcakes and hot chocolate were enjoyed by all and the party wound down just before bed time at 9.

Following three more floods on the evening of the 20th, the small patches of hard ice that Jade and her party enjoyed grew and covered over 90% of the rink surfaces. Word that the ice was ready for skaters spread through Silver Springs and neighbouring communities faster than an Al MacInnis slap shot! In the days that followed hundreds of hockey players and pleasure skaters of all ages flocked to the rinks. Although pleased with such a great turnout of skaters this early in the season, we ask all skaters and observers to obey Covid-19 social distancing requirements and the posted capacity limitations for the area.

Silver Springs prides itself in maintaining some of the best outdoor skating facilities in the city thanks to seven teams of 4 to 6 volunteers of all ages who sweep and flood the rinks daily throughout the winter. If interested in partaking in this rewarding volunteer ice making experience, please contact Jeremy Gukert at 403-805-2570.



First Skaters on the SCCA Rinks 2020/2021 season



UPDATE-OUTDOOR RINK REGULATIONS



SILVER SPRINGS
COMMUNITY ASSOCIATION

**ICE RINK
SPECIAL GUIDELINES
& ADVISORY**

SPECIAL GUIDELINES & RESTRICTIONS IN EFFECT UNTIL FURTHER NOTICE

The following rules are now in effect to keep you and your community safe

- Face coverings are encouraged on and around the rink
- LIMIT OF 20 SKATERS AT A TIME**
- Limit use to 1 hour when busy
- Please be respectful of time line if other skaters are waiting
- Maintain at least 2 metres from anyone not in your cohort
- Organized teams (like hockey) are prohibited
- NO social gatherings allowed on SSCA outdoor property including parking lots**

Questions or concerns may be submitted to the Silver Springs Community Association at administration@silverspringscommunity.ca

SILVER SPRINGS
COMMUNITY ASSOCIATION

- Capacity Limits:
 - Hockey Rink: 20
 - Pleasure Rink: 20
 - Junior Rink: 10
 - Mini Rink: 5
- Please maintain physical distance of 2 meters and if not possible, please wear a mask.
- Do not share food or drinks.
- Please be considerate and limit ice time to one hour.
- Please bring a lawn chair as we have limited seating.
- No sticks and pucks on the pleasure rink.

Let's take care of each other so we can keep these rinks open all winter!

UPDATE-NEIGHBOURHOOD STREETS INITIATIVE

We've heard from many of our community members about the The Neighbourhood Streets Initiative and we want to thank you for sharing your comments with us. The more we know, the better we can support our communities' wishes and needs. We heard you last summer when you told us that opening our pool was a priority. Today, we want you to know that we are listening to your comments about this initiative as well and would like to address some of those here.

What is the Neighbourhood Streets Initiative?

This initiative seeks to improve mobility for people of all ages and abilities within Silver Springs by removing barriers to active travel modes. Essentially we want people in the community to feel safe moving around it, whether they are using cars, bicycles, wheelchairs, are walking, or using other modes of transport. A number of traffic calming measures will be installed throughout the community as part of this project, and will be selected based on the responses received through community engagement, phase 2 of which ran from November 10-24.

Some of the measures that are under consideration include:

- Repairing sidewalks that are inaccessible to wheelchairs and other mobility aids
- Improving important pedestrian crossings
- Working with the community to add planters that enhance the community character
- Right-sizing intersections and other safety measures

One measure we already know will be included is a one-year trial to fundamentally change the feel of Silver Springs Boulevard NW. This street is where our residents overwhelmingly say they feel unsafe and is also home to one of our three schools. The City has completed design work to temporarily convert the outside lanes of Silver Springs Boulevard to bike lanes between Silver Springs Gate and Nose Hill Drive for a one year pilot.

Who is leading this?

First and foremost, this is a City of Calgary initiative. The City of Calgary has access to traffic safety experts and only the City has the right to make physical changes to City streets and post signage based on their recommendations. The SSCA does not have the authority to change speed limits or traffic zones, or make any changes to City of Calgary property, including streets. The SSCA supports this project, however, our primary role is advocating for those who have reached out to us, and facilitating further engagement between the City and the community to address community concerns.

Why does the SSCA support this initiative?

Many of you have asked why the SSCA supports this initiative. The short answer is that the community has told us again and again that safety on our streets is a top concern. The SSCA has received many calls and emails over the years expressing concern over safety on different roadways within the community. We developed a Traffic Strategy in 2016 identifying areas for possible improvement and conducted a Traffic Survey from June to November 2018. Through this process, the SSCA received feedback which we shared with the City. Based on this feedback, the City has already made a number of improvements, including the installation of a Rapid Rectangular Flashing Beacon at the intersection of Silver Springs Gate NW and Silverdale Drive NW, sidewalk curb extensions at the intersection of Silver Ridge Drive NW and Silver Crest Drive NW, and traffic calming measures on Silver Mead Road NW near Silver Springs Elementary, including the addition of speed bumps as well as curb extensions on the south side of the crosswalk at Silver Mead Crescent NW.

These improvements are a step in the right direction, but there is still much work to be done. The SSCA hosted four community engagement events from 2015 to 2019 and during those events, we have heard that many continue to feel unsafe when traveling on roadways throughout the community. A list of needed improvements identified is available here: <https://silverspringscommunity.ca/wp-content/uploads/2020/08/SilverSpringsTrafficIssues2020.pdf>. We are very fortunate to live in a neighbourhood where there are three elementary schools, preschools, after school and other child care facilities, an outdoor pool in summer and outdoor rinks in winter. We have access to some of the most sought after bike trails and parks in the City. The fact that many of our own community members are uncomfortable walking or cycling to these places within the neighbourhood they live in due to traffic safety is a challenge that we believe must be addressed.

Why do you support the bike lanes pilot project?

The number one concern raised by community members has been safety due to excessive speeding along Silver Springs Boulevard. Pedestrians crossing the Boulevard at marked crosswalks feel unsafe because they worry that motorists will not slow down or stop in time for them to cross safely. The SSCA supports the bike lanes pilot project in particular because we believe it will address this concern. According to the City, Silver Springs Boulevard was designed for 30,000 vehicles per day, but only 6,000 vehicles a day actually use it. Because it is underused, those motorists who do use the Boulevard feel encouraged by the absence of traffic to travel in excess of the posted speed limits. Reducing the number of lanes will cause motorists to slow down. Reducing the number of lanes will also shorten the distance pedestrians are exposed to motorists when crossing the Boulevard and thereby minimize their risk of harm due to collisions.

The SSCA also supports the bike lanes pilot project because we think that it will provide a safer means for cyclists of all ages to directly access schools, preschools, playgrounds, shopping, and the Community Centre.

Ultimately, the primary reason that the SSCA supports the bike lanes pilot project is that it is an opportunity to try a solution on a temporary basis. If this pilot project is unsuccessful, the City has advised us that the temporary bike lanes will be removed. While improvements may be made to the bike lanes, they will only be made permanent if the data collected during the project supports this outcome. Given the potential upsides, which include discouraging speeding on the Boulevard and encouraging more active transport in the community, which leads to better physical and mental health and more independence for our youth and other non-drivers, we think that trying this for a limited time is worthwhile.

What are the next steps?

The first component was the community engagement survey, which is summarized here <https://engage.calgary.ca/silverspringsstreets> under “What We Heard”.

This summary highlights a number of challenging areas for review by the City. The second phase of the engagement closed November 24. The report and plan from that engagement phase will be ready by the Spring of 2021. The pilot bike lanes are currently anticipated to be put in place in May 2021, and to be trialed until the summer of 2022.

Our promise is to keep you informed at each step to ensure that you have the ability to share your thoughts and ideas.

I have some feedback now. Who can I talk to?

We understand that our assessment may not reflect all viewpoints – we can only represent those who have connected with us and the City. Even though the second phase of engagement has now closed, you can contact the City about this project by calling 311, or emailing NeighbourhoodStreets@calgary.ca. A third round of engagement to evaluate the project will take place in summer of 2021.

Once again, we thank all of you who have taken the time to attend our engagement events, to write to us via email, and to participate in our surveys, whether you support these initiatives or not. The more we hear from you, the better we are able to serve our community.



Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan or sledding device is in good repair. Inspect it for any damaged or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times;
- Children should wear a certified, properly fitted helmet designed for other high impact sports such as hockey, cycling, or climbing.

Hazards

- Avoid hills that are too steep or too icy;
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences;
- Beware of loose scarves or clothing containing drawstrings which could present a strangulation hazard if they become caught or snagged.

Plan ahead

- Dress warmly in layers and anticipate weather changes;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks, out of the cold, to warm up;
- Attempt to cover any exposed skin;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite;
- If frost bite has occurred, treat it by first removing the individual out of the cold environment; Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm, *not hot*, water, until re-warmed.



HELP PREVENT THE SPREAD
alberta.ca/covid19

FROM JASON COPPING

Happy New Year 2021 – Focus on lives and livelihoods

I think we can all agree that we look forward to what 2021 has in store for Alberta. 2020 is behind us and I am optimistic that this new year will be better. Albertans have continued to do what we do best – show resilience and support one another through challenging times.

At this time last year COVID-19 was a virus we may have heard about in other parts of the world, but it wasn't long before it was affecting all of us. The Alberta government has and continues to focus on lives and livelihoods. Supports for Albertans have included \$500 million in additional health care funding to support our front-line health professionals, \$30 million to support seniors and other vulnerable populations, \$120 million of additional funding for educators and \$52 million to support mental health.

We still have a way to go to beating this virus, but a vaccination is on the horizon and we once again can see a brighter future.

The Alberta Government, through the Alberta Recovery Plan, will help shape this future. Alberta's economy will get back on track through historical infrastructure funding. There is continued commitment to the University of Calgary's MacKimmie Library and the Calgary Cancer Centre. Commitments

to getting Albertans back to work with retraining programs and making Alberta an attractive place to do business. Finally, commitments on economic diversification in the fields of technology and biomed playing to the strengths of our riding, home to the University of Calgary.

We may have a bit longer before life is truly back to normal, but I know Albertans can make it through. Albertans have shown they can make sacrifices and work together to make it through the pandemic – if we continue to do so, I know we can make it to the finish line stronger than ever.

As always, if you need to get in touch with me on any provincial issue or have questions, please feel free to reach out to my office at Calgary.Varsity@assembly.ab.ca.

Jason Copping

MLA, Calgary-Varsity

Calgary.Varsity@assembly.ab.ca

Unit 201, 1055 20th Avenue NW

403-216-5436

Facebook: facebook.com/jasoncoppingAB

Instagram: [Jason_CoppingAB](https://www.instagram.com/Jason_CoppingAB)

Twitter: [@JasonCoppingAB](https://twitter.com/JasonCoppingAB)

WARD 1 REPORT FROM COUNCILLOR WARD SUTHERLAND



CITY OF CALGARY: WARD 1 BUDGET OUTCOME

In November, Council passed the 2021 Budget that cut property taxes by 1.77%, while still supporting Calgary police funding and addressing the concerns of marginalized Calgarians. Every City department identified budgetary cuts to achieve this goal. The Calgary Police Services (CPS) identified buckets of reductions; \$10M from future growth and \$8M to explore alternative service models for mental health calls.

It's important to note that the Chief of Police along with the Chair and the Board of the Police Commission are independent and proposed their budget to the city. The \$10M was for hiring an additional 60 staff, 30% non-sworn civilian support staff and 70% sworn officers for growth. The CPS is currently hiring and training officers as replacements to replace those lost to attrition and turnover. With COVID-19, the CPS informed Council that they do not have the capacity to hire the additional 60 staff next year, even if they wanted to. To mitigate unknown future hiring concerns for the CPS, Council supported a motion that allows CPS access to further funding for hiring, should it be required. Council also unanimously passed

a motion that called on the Province of Alberta to support a joint funding partnership to fund the Community Safety Investment Framework.

Lastly, Council approved a Property Tax Program (PTP), a one-time credit to cap increases for segments of the business warehouse district. Again, the assessment system is broken and requires a more modern approach to dealing with the current and future realities facing all municipalities throughout Alberta. I encourage you to contact your MLA to support Council's request for reform.

Link to Latest news:

<https://www.calgary.ca/citycouncil/ward-1/wardarticles.html?Tag=Newsletter>

Ward Sutherland
Councillor, Ward 1



During a snow route parking ban, parking is temporarily restricted on designated snow routes for up to 72 hours. Blue signs with a white snowflake are posted along snow routes. Watch for these signs in your community, use the address look-up feature above, or check the [Snow Route Map](#) to find out if you need to move your vehicle(s) during a snow route parking ban.

NOW DROP OFF MORE ELECTRONIC ITEMS FOR FREE RECYCLING

Finding piles of discarded electronics in your drawers and closets, or upgraded to a new device over the holidays? It might be time to recycle your old and used electronics! Never put your electronics in the blue bin, as it can cause damage to recycling facility equipment and harm workers.

Electronics like cellphones, televisions and computers have been recycled in an environmentally safe way instead of being buried in a landfill since 2004.

The City of Calgary is participating in a two-year pilot to help divert even more electronic items from the landfill, such as:

- Small appliances (hair dryers, irons, toasters, shavers, vacuums)
- Audio visual (calculators, radios, headphones and earbuds, microphones)
- Telecom (landline phones, modems and routers)
- Power and air tools (drills, grinders, circular saws)
- Games, toys and music (action figures, toy robots, toy vehicles, guitars)

We will continue to accept the following electronics for recycling. Remember to remove personal data before dropping off electronics.

- Mouse devices, keyboards, cables and speakers
 - Laptops, tablets and notebooks
 - Printers, copiers and fax machines
 - TVs and monitors
- Visit calgary.ca/electronics for a complete list of accepted items and City-approved drop-off locations, including City landfills. There is no charge to bring electronics to a City landfill unless your load contains other garbage.

Put holiday waste in its place

Follow these tips and ideas to make your holiday season a little less wasteful.

	Reduce	Reuse	Recycle or compost
Gifts and wrapping	Support local businesses by purchasing gift cards. Give a gift of a donation to a favourite charity.	Wrap using: <ul style="list-style-type: none"> • Paper bags or gift boxes. • Jars or tins. • Fabrics or dishtowels. 	Crumple wrapping paper into a ball, put in blue cart. No metallic or foil gift wrap. 
Cooking	Check what you have at home before you shop. Make a list and buy only what you need.	Use reusable containers for leftovers instead of plastic wrap or tin foil. Save bones and vegetable peelings for soup stock. 	Compost unusable food scraps, toothpicks, paper napkins and plates, put in green cart. Recycle empty, clean and dry tin cans, glass and plastic containers. 
Holiday cleanup	Keep clean wrapping paper, gift bags and boxes for next year. 	Donate gently used household items like working electronics, furniture, clothing and toys to a local charity.	Recycle Christmas cards, envelopes and cardboard boxes. Take old electronics to an electronics recycling drop-off. 

For more holiday tips, visit calgary.ca/recycleright



City of Calgary

New Year's Eve 2021

The City of Calgary won't be hosting fireworks on New Year's Eve. It is one way we can do our part to reduce the spread of COVID-19.

What's different this year?

It's important to find a safe way to celebrate New Year's Eve and the holiday season. Keep your family safe and healthy by finding creative ways to mark the occasion. Make sure to follow all provincial health measures.

What can you do to mark New Year's Eve?

- Plan a virtual event (e.g. coordinate a video chat countdown with family and friends, share New Year's resolutions, reflect on 2020)
- Make a music playlist of your favourite songs from 2020 and have a dance party with the people in your immediate household
- Decorate your house or yard
- Help support Calgary businesses (e.g. order delivery or takeout from a local restaurant, purchase local goods, etc.)
- Get outside with winter activities:
 - Winter fire pits
 - Outdoor skating rinks (weather dependent)
 - Toboggan hills
 - Cross country ski and snowshoe tracks
 - A winter walk in our parks and pathways

OFFICE OF PAT KELLY, MEMBER OF PARLIAMENT FOR CALGARY ROCKY RIDGE

Small and medium businesses in every part of the country have been hit hard by the pandemic. Local businesses have had to close their doors for good, and many are struggling to survive.

In November, the House of Commons passed a motion to pause the government's onerous audits on small and medium sized businesses receiving the wage subsidy, yet the government refused to pause these audits until after the upcoming tax season.

There is no Canadian economy without small and medium businesses. It's as simple as that. That's why I will always stand up for entrepreneurs and workers.

We fought the government's draconian tax changes in 2017. We raised the alarm when the Prime Minister said that small businesses were just a way for wealthy people to avoid paying taxes. We fought against taxes imposed by the government that harm small businesses, including the escalator tax on alcohol, higher payroll taxes, and the carbon tax.

Since the start of the pandemic, we have worked with the government to pass crucial support measures and made constructive recommendations whenever we could. We proposed changes to fix the wage subsidy, the rent subsidy and the Canadian Emergency Bank Account (CEBA).

Each small business owner supports a family. Most employ a team of dedicated employees. They donate to service clubs, community projects, and kids' sports team. They are the backbone of the Canadian economy, and the owners, workers and customers of these small businesses are our neighbours and our friends.

As the Shadow Minister for Small Business and Western Economic Development, I will continue to stand up for workers and entrepreneurs and ensure they get the support they need to weather this pandemic.



Family Favourite S'MORES

Ingredients

- 4 large marshmallows
- 4 full graham crackers
- 2 oz chocolate

Instructions:

1. Take the graham cracker halves and place them on a microwave-safe plate. Add some chocolate and marshmallows to each half. Or if you don't want the chocolate melted, leave the chocolate off for now.
2. Now microwave them on high for 20 to 30 seconds until the marshmallows puff up to about double in size.
3. Next, remove the plate and place the other graham cracker half on top, completing the S'more. Or if you didn't want the chocolate melted, add the chocolate as well. Enjoy!