

Dance Schedule 2020/2021

Mondays

<p>Sunset Room</p> <p>4—4:30pm Pre-Dance</p> <p>4:30—5:00pm Pre-Hip Hop</p> <p>5—5:45pm Beg Ballet</p>		<p>Boardroom</p> <p>5:-5:45pm Jr Ballet</p>
<p>Wednesdays</p> <p>Sunset Room</p> <p>4:45— 5:15pm Pre Dance</p> <p>5:15—6pm Beg Hip Hop</p> <p>6—6:45pm Jr Hip Hop</p>		<p>5:15—5:45pm Beg Jazz</p>
<p>Fridays</p>	<p>Common Room</p> <p>5:45—6:45pm Beg/JR Musical Theatre</p> <p>6:45—8:15pm Teen Musical Theatre</p>	

Full Year SESSION

Sept 21/20—Apr 23/21

(no classes Oct 12, Nov 11, Feb 15, Apr 12 and Apr 5)

Prices include cost of year end recital costume

Monday-

30 min classes

\$225mem/\$240nm

45 min class

\$250mem/\$265nm

Wednesday-

30 min classes

\$240mem/ \$255nm

45 min classes

\$270mem/\$285nm

Friday-

60 min classes

\$290mem/\$305nm

90 min classes

\$320mem/\$335nm

Dance Foundation

Ballet* Jazz* *Musical Theatre* Hip Hop*

Ages 3—Teen



**2020/2021
Dance
Classes**

**Silver Springs
Community Association**

www.silverspringscommunity.ca

DANCE FOUNDATION

Silver Springs Community Ass'n

5720 Silver Ridge Drive

Phone: 403-288-2616

E-mail: foundationdance@gmail.com

Why DANCE FOUNDATION

Because Dance should be FUN!!!!

Dance Foundation provides kids a fun and non-stressful atmosphere where they can learn to love dance. We encourage students to grow as dancers while meeting new friends, gaining coordination and learning self discipline. Dancers will learn to express themselves creatively and gain better coordination. As a non-profit program run through the Silver Springs Community Association, we are able to keep our class sizes small and prices low. Throughout the year we will give the dancers the basics they need to know in order to continue dancing and performing in the future. We love to dance and hope you will too!

Classes

Pre Dance

Ages 3 - 5

Pre Dance is for any child under 5 who likes to move and groove. Based on fun and games, kids will improve their coordination and motor skills while meeting new friends. This class is a wonderful way to introduce your little one into the world of dance and physical activity. Children will learn the basics of Ballet, jazz, tap and creative movement. (Miss Kate or Miss-Nathalia)

Beginner Ballet

Ages 5 - 7

Beginner ballet is for your child that loves to spin around to their favourite song. In this class, dancers will learn the basic ballet skills as well as gain strength and flexibility. Through movement, children will gain confidence in their movement while having fun and meeting new friends. (Miss Kate)

Junior Ballet

Ages 8-11

This class is for any dancer ages 8-11 that have had at least one year of jazz or ballet training. In this class, dancers will explore more complicated ballet skills while learning proper technique and posture. This class is for those dancers that want to improve their proficiency and knowledge in ballet. * It should be noted that dancers at the age of 7 with ballet experience can also join Junior Ballet rather than beginner. (Miss Allegra)

Beginner Jazz

Ages 5 -7

If your child likes fast music and high energy moves then this is the class for them. Beginner Jazz is an energetic and versatile class that explores movement through Jazz steps. This dance style incorporates faster movement and skills, strength and a variation of bodylines and body levels. Through movement the dancers will learn basic jazz skills while having fun and meeting new friends. (Miss Nathalia)

Pre Hip Hop

Ages 3-5

This creative class is for any funky children who love to move and groove. You will learn the basics in both Hip-Hop and Funk while working on your coordination, body isolations and strength. Based on fun and games, dancers will have an opportunity to discover their own confidence while meeting new friends. (Miss Allegra)

Beginner Hip Hop

Ages 5 - 7

Beginner Hip Hop is a great class for those children who just can't sit still. In this class dancer's will get a great workout while learning the basics in both Hip -Hop and Funk. This class will teach the dancers how to dance with style while working on your coordination, body isolations and strength. This is a fun, high energy class where children can gain confidence while meeting new friends. (Miss Rebecca)

Junior Hip Hop

Ages 8-11

Junior Hip Hop is a great class for those children who love dancing around to the latest top 40 hit song. In this class, dancers will get a great workout while learning more complicated dance skills in both Hip-Hop and Funk. This class will teach the dancers how to dance with style while working on their coordination, body isolations and strength. This is a fun, high energy class where children can gain confidence while meeting new friends. (Miss Rebecca)

Beg/Jr Musical Theatre

Ages 5- 11

Musical Theatre is a great class for those drama queens and kings. Through dance, singing and drama, dancers will get to explore different characters and scenarios while building important qualities such as confidence and performance skills. This is a fun, high energy class that will help your child explore who they are as performers. (Miss Rebecca and Miss Hayley)

Teen Musical Theatre is 90 min. Ages 12+

(Miss Rebecca and Miss Hayley)

Registration starts online in early Sept, 2020

www.silverspringscommunity.ca

Minimum class size of 5.

Teachers listed in brackets.

