

Silver Springs Community Association's commitment to health and safety

We are limiting access, rearranging spaces and reducing occupancies to facilitate physical distancing.

We are requiring all staff and facility users to complete the Alberta Health Services COVID-19 Self-Assessment prior to entrance into the community centre and outdoor pool. Should a staff member answer 'yes' to any of the questions in the Self-Assessment they must not come to work. If a staff member becomes ill while at work, they are required to inform their manager and leave immediately. A substitute lifeguard/instructor will be called in.

The SSCA office staff will be ensuring all pool staff and customers are adhering to our Covid-19 protocols. Pool staff contact lists have been updated so that they can be contacted in the event of a known exposure.

We are onboarding all staff with enhanced training on COVID-19 exposure, transmission and prevention.

We are applying and enforcing all guidelines from Alberta Health Services (AHS) at the Silver Springs Community Centre.

We are increasing the frequency of cleaning and disinfecting practices with a focus on high-touch/high-occupancy surfaces. A cleaning log will be kept. All SSCA and pool staff will have cleaning supplies at their workstations and work areas so that cleaning can occur frequently.

We are installing barriers in close-interaction areas.

Masks, shields and gloves will be provided for staff and must be used while sanitizing and disinfecting. These items will be available in the main office and the pool office.

Protocols

Before Arrival

All users of SSCA facilities are strongly encouraged to stay up to date on Silver Springs Community Association (SSCA) and Alberta Health Services (AHS) guidelines by reviewing and understanding this document, checking our website regularly and utilizing reliable sources for the most current information.

The SSCA is committed to a healthy and safe work and play environment and we ask for your assistance by adhering to SSCA and AHS guidelines.

AHS, respective health organizations and government bodies remain the primary source for guidance on COVID-19 and other health related issues.

Please do not come to SSCA if:

- You or anyone in your household is sick, particularly those with COVID-19 type symptoms of fever, cough, runny nose, shortness of breath or any other symptoms as outlined by the AHS Self-Assessment. <https://www.albertahealthservices.ca>
- You or anyone in your household has been in close contact with a confirmed or probable COVID-19 case.

- You have travelled outside of Canada in the past 14 days.

While you are at the Community Centre or Outdoor Pool

Always maintain 2-metres of physical distancing with those who do not reside in your household or in your cohort. In common areas where distancing may not be possible, wearing a non-medical mask is highly encouraged, however use of a non-medical mask for high intensity physical activity is not recommended. Masks are not allowed in the pool.

Follow all signage and wayfinding. Access to certain areas will be restricted. Do not enter areas marked as closed.

Respect occupancies posted for rooms.

Strictly adhere to all public health guidelines such as physical distancing, practicing good hand and respiratory hygiene and limited high touch point contact such as door handles and railings.

Washrooms, hand sanitizer stations and cleaning supplies will be available at both the community centre and the outdoor pool.

Follow 'ENTRY' and 'EXIT' signage posted on doors.

Viewing areas will be restricted to promote physical distancing.

WE STRIVE TO MAINTAIN AN ENVIRONMENT THAT IS RESPECTFUL, TOLERANT, SAFE AND COMFORTABLE FOR ALL SSCA FACILITY USERS AND EMPLOYEES. ANY PERSON WHO CONTRAVENES THIS REQUIREMENT WILL BE ASKED TO LEAVE AND MAY HAVE PRIVILEGES SUSPENDED FROM THE SILVER SPRINGS COMMUNITY ASSOCIATION AND OUTDOOR POOL.

Water Fountains

Water fountains will be turned off. Please bring your own water bottle labelled with your name. All bottles left behind will be discarded.

Room Rentals

Community centre rooms will be available for rental starting Jun 26, 2020. All rooms have a reduced capacity in accordance with AHS guidelines. Renters are responsible for keeping a list of attendees at their rental and providing masks/hand sanitizer, as necessary. Long-term renters will be required to submit their re-launch plans before starting their programs and must comply with all public health orders at all times. SSCA will have hand sanitizer at each entrance. Washrooms are available for hand washing. Paper towel will be available to dry hands. Hand blow dryers will be taped off.

Adult & Children's Programs

More information coming soon. We hope to start offering adult fitness and children's dance in September if permitted by public health authorities.

We are excited that our pool season is beginning soon. However, it will look a little different this year – please make note of the following changes to ensure everyone’s safety:

1. SSOP will have a reduced capacity to ensure physical distancing can be maintained. Our COVID-19 bather load is 80 patrons.
2. Arrive 10 minutes before your time slot. Use the pool noodle markings on the fence to remain socially distanced (2m apart) and a staff member will check you in as quickly as possible.
*Please consult the screening checklist and waiver when booking online. If you are feeling ill, please stay home. Screening questions will be posted at the entrance of the facility and staff members will be asking COVID symptom-related questions. Patrons who are sick will be denied entry.
3. Please read all signage throughout the facility, including the pool rules posted on deck.
4. Social distancing must be maintained at all times, including in the water. Please stay with those who you arrived with/those in your cohort. Follow the blue arrows for traffic flow and the circles for 2m distance from other patrons.
5. We encourage patrons to wear masks on the pool deck, in washrooms or where social distancing is not easily maintained. **Masks may not be worn in the water.**
6. Arrive in your clean swimming attire. Changerooms and lockers will be unavailable for changing and storage of personal belongings. Carry all your items with you to the appropriate umbrella on the grass. Please bring a carabiners if you wish to hang up your bag on the fence. At the end of the allotted swim time, patrons must exit through the gate and shower/change at home.
7. The pre-swim shower is mandatory. Patrons will be required to enter Change Room A and exit through Change Room B, showering in an available shower in either changeroom. SSOP will be introducing [all gender change rooms and bathrooms](#).
8. Public Swim times will be in 90-minute pre-booked blocks to ensure access for all who wish to swim. Schedule and online booking information will be available once opening day is confirmed.
9. Lane swim times are sectioned into 30-minute slots and only available during a specified time. Due to COVID restrictions, there will be limited space in each lane and therefore lane swim must be pre-booked online.
10. Families are encouraged to bring their own PFDs. Some will be available to borrow upon request and must to be disposed of in the *USED* bin so they can be sanitized.
11. Pool toys will not be provided this year.
12. Enhanced first aid and lifeguard rescue procedures will be in place.
13. Expect enhanced cleaning and sanitization protocols.
*SSOP will have a designated COVID staff member cleaning during your 90-minute slot. If you have any questions or concerns, please approach them as the lifeguards will be focusing their attention on the pool.
14. Swim Kids 1-5 will require a parent in the water to assist. These levels are available via private lessons and cohorts are welcome. The instructor must maintain social distancing and cannot offer physical support to your child at any time.
15. For Red Cross Swim Kids 6-8 and 9-10, swimmers will maintain physical distancing from each other and the instructor. Instruction will be conducted from the pool deck.

Please be kind and patient with staff and other patrons. We are all doing the best we can. We will actively monitor the pool and guidelines throughout the summer and may modify procedures as necessary.